Depletion-Induced Forces and Crowding in Polymer-Nanoparticle Mixtures: Role of Polymer Shape Fluctuations and Penetrability

Wei Kang Lim and Alan R. Denton[∗](#page-0-0)

Department of Physics, North Dakota State University, Fargo, ND 58108-6050, USA

Depletion forces and macromolecular crowding govern the structure and function of biopolymers in biological cells and the properties of polymer nanocomposite materials. To isolate and analyze the influence of polymer shape fluctuations and penetrability on depletion-induced interactions and crowding by nanoparticles, we model polymers as effective penetrable ellipsoids, whose shapes fluctuate according to the probability distributions of the eigenvalues of the gyration tensor of an ideal random walk. Within this model, we apply Monte Carlo simulation methods to compute the depletion-induced potential of mean force between hard nanospheres and crowding-induced shape distributions of polymers in the protein limit, in which polymer coils can be easily penetrated by smaller nanospheres. By comparing depletion potentials from simulations of ellipsoidal and spherical polymer models with predictions of polymer field theory and free-volume theory, we show that polymer depletion-induced interactions and crowding depend sensitively on polymer shapes and penetrability, with important implications for bulk thermodynamic phase behavior.

I. INTRODUCTION

Depletion forces can profoundly influence the properties of soft materials, e.g., colloid-polymer mixtures [\[1](#page-9-0)] and polymer nanocomposites [\[2,](#page-9-1) [3](#page-9-2)], whose multiple species intermingle and exclude volume to one another. The exclusion of polymers, or other flexible macromolecules, from a layer surrounding rigid colloidal particles creates an imbalance in osmotic pressure that can induce an effective interparticle pair attraction. This depletion mechanism, recognized by Asakura and Oosawa over 60 years ago [\[4\]](#page-9-3), is physically reasonable and well established in the "colloid limit", in which the particle radius exceeds the average polymer radius of gyration. In the opposite "protein limit", in which nanoparticles (e.g., globular proteins) can penetrate much larger polymer coils, the concept of a depletion layer around a particle must be replaced by that of a segment-segment correlation length (blob radius) of the polymer coil [\[5](#page-9-4)].

Depending on the relative strengths of competing intermolecular interactions [\[6\]](#page-9-5), including steric, electrostatic, and van der Waals interactions, depletion-induced attraction can drive aggregation and thermodynamic phase separation, leading, for example, to coexistence of polymer-rich and polymer-poor bulk phases [\[7–](#page-9-6)[11\]](#page-9-7). In soft materials, where effective interactions [\[12](#page-9-8)] between macromolecules are typically comparable in magnitude to thermal energies, and self-assembly often depends on a delicate balance between energy and entropy, depletion can crucially affect phase stability. The ability to control depletion forces has great practical value for stabilizing foods [\[13,](#page-9-9) [14\]](#page-9-10) and pharmaceuticals against coagulation, purifying water by flocculation and sedimentation of colloidal particles [\[15\]](#page-9-11), guiding the self-assembly of virus particles [\[16,](#page-9-12) [17](#page-9-13)], and promoting or inhibiting aggregation of proteins [\[18\]](#page-9-14), with relevance for deciphering protein structure via scattering measurements on crystalline samples and treating diseases, such as cataracts [\[19\]](#page-9-15).

An intrinsic complement to depletion is the phenomenon of macromolecular crowding, in which polymers, or other flexible macromolecules, deform in both size and shape in response to confinement by other species or bounding surfaces [\[20](#page-9-16)[–26](#page-9-17)]. Kuhn's prescient insight [\[27\]](#page-9-18) that a polymer coil in solution fluctuates in shape, being well-approximated by an elongated, flattened ellipsoid (in its principal-axis frame of reference), has inspired numerous mathematical and statistical mechanical analyses of the shapes of random walks [\[28](#page-9-19)[–42\]](#page-9-20). In biology, conformational changes of biopolymers, such as RNA, DNA, and unfolded proteins are important for cellular processes in the crowded environment of the nucleus [\[43](#page-9-21)[–48\]](#page-9-22), packaging of DNA in viral capsids [\[49\]](#page-9-23), and translocation of biopolymers through narrow pores [\[50\]](#page-9-24).

Depletion forces, polymer crowding, and phase behavior in colloid-polymer mixtures and polymer-nanoparticle composite materials have been probed by a diverse array of experimental methods, including neutron scattering [\[51](#page-9-25)[–58\]](#page-10-0), atomic force microscopy [\[59\]](#page-10-1), total internal reflection microscopy [\[60\]](#page-10-2), optical trapping [\[61](#page-10-3)[–63\]](#page-10-4), and turbidity measurements [\[64](#page-10-5)[–66\]](#page-10-6). Related modeling approaches have been based on mean-field and scaling theories [\[5](#page-9-4), [67–](#page-10-7)[70\]](#page-10-8), free-volume theories [\[71](#page-10-9)[–74](#page-10-10)], force-balance theory [\[75](#page-10-11)], perturbation theory [\[76,](#page-10-12) [77\]](#page-10-13), polymer field theory [\[78](#page-10-14)[–84\]](#page-10-15), integral-equation theory [\[85](#page-10-16)[–87](#page-10-17)], densityfunctional theory [\[88](#page-10-18)[–92\]](#page-10-19), adsorption theory [\[93](#page-10-20)[–95\]](#page-10-21), and simulation of both molecular [\[47,](#page-9-26) [96](#page-10-22)[–111](#page-10-23)] and coarsegrained [\[73](#page-10-24), [74](#page-10-10), [112](#page-10-25), [113](#page-10-26)] polymer models.

Previous studies have explored the nature of depletion interactions induced by aspherical depletants of fixed size and shape [\[62](#page-10-27), [77](#page-10-13), [114,](#page-10-28) [115\]](#page-10-29) and the impact of crowding on polymer size [\[53](#page-9-27)[–58](#page-10-0), [71,](#page-10-9) [104](#page-10-30)[–108\]](#page-10-31). In recent work, we reported on preliminary studies of polymer crowding in models of polymer-nanoparticle mixtures with polymers modeled as fluctuating, penetrable spheres [\[73\]](#page-10-24) or ellipsoids [\[74\]](#page-10-10). In this paper, using a refined model of

[∗] alan.denton@ndsu.edu

FIG. 1. Model of a polymer-nanoparticle mixture with polymers represented as ellipsoids that can fluctuate in size and shape. Nanoparticles are hard spheres of fixed size that are mutually impenetrable, but able to penetrate the polymers. Penetration is defined as the intersection of the surfaces of an ellipsoid and a sphere. For example, the dark nanosphere is just on the verge of penetrating a polymer.

polymer-nanoparticle penetration, we directly analyze the complex relationships between polymer depletioninduced interactions, nanoparticle crowding, and polymer shape fluctuations. By comparing results with theoretical predictions, we validate the polymer model and demonstrate the significance of shape fluctuations in depletion and crowding phenomena. Our model and computational methods are sufficiently general as to be easily adapted and applied to other soft materials.

The remainder of the paper is assembled as follows. In Sec. [II,](#page-1-0) we review the model of polymers as fluctuating penetrable ellipsoids and the field theory model for the free energy cost of penetrating a polymer by a hard nanosphere. In Sec. [III,](#page-3-0) we outline our simulation methods for computing polymer depletion-induced interactions between nanospheres and crowding-induced deformations in polymer shape. Numerical results are presented in Sec. [III](#page-3-0) and compared with predictions of field theories and free-volume theory. Finally, in Sec. [III,](#page-3-0) we conclude with suggestions for future work.

II. MODELS

A. Ellipsoidal Polymer Model

Our model extends the classic Asakura-Oosawa-Vrij (AOV) model of colloid-polymer mixtures [\[4,](#page-9-3) [7\]](#page-9-6). The AOV model represents nonadsorbing polymer coils, in a coarse-grained approximation, as effective spheres of fixed size that are mutually noninteracting, but impenetrable to the colloidal particles. The spherical polymer approximation ignores fluctuations in conformation, while the impenetrable polymer assumption is justified

only in the colloid limit, where the polymers are smaller than the particles. As in our previous studies [\[74](#page-10-10), [116\]](#page-10-32), we refine the AOV model by representing the polymers as soft ellipsoids that fluctuate in size and shape and that can be penetrated by smaller nanoparticles.

For simplicity, we focus on linear homopolymers, although the analysis can be generalized to other polymer architectures, such as block copolymers [\[117\]](#page-10-33). A coil of N identical, connected segments has a size and shape characterized by the gyration tensor T with components

$$
T_{ij} = \frac{1}{N} \sum_{k=1}^{N} r_{ki} r_{kj} , \qquad (1)
$$

where r_{ki} is ith component of the position vector r_k of the k th segment relative to the center of mass. The familiar moment of inertia tensor I of rigid body dynamics relates to the gyration tensor via $I = R_p^2 1 - T$, where 1 is the unit tensor and

$$
R_p = \left(\frac{1}{N} \sum_{i=1}^{N} r_i^2\right)^{1/2} = (\Lambda_1 + \Lambda_2 + \Lambda_3)^{1/2} \tag{2}
$$

is the radius of gyration of a given conformation of the coil expressed in terms of the eigenvalues Λ_i (i = 1, 2, 3 in three dimensions) of T. The experimentally measurable root-mean-square (rms) radius of gyration is given by

$$
R_g = \sqrt{\langle R_p^2 \rangle} = \sqrt{\langle \Lambda_1 + \Lambda_2 + \Lambda_3 \rangle} , \qquad (3)
$$

where the angular brackets represent an ensemble average over polymer conformations.

If the ensemble average in Eq. [\(3\)](#page-1-1) is evaluated in a reference frame tied to the principal axes of the coil, and the coordinate axes are labelled to preserve the order of the eigenvalues by magnitude $(\Lambda_1 > \Lambda_2 > \Lambda_3)$, then the average tensor is asymmetric and describes an anisotropic object [\[36,](#page-9-28) [37\]](#page-9-29). Averaging in a fixed (laboratory) frame yields, in contrast, a symmetric average tensor that has equal eigenvalues and thus describes a sphere. Simply stated, a fluctuating random walk has an average shape that is spherical when viewed from the laboratory frame, but significantly aspherical – elongated, flattened, bean-shaped – when viewed from the principalaxis frame [\[27,](#page-9-18) [33,](#page-9-30) [34](#page-9-31)]. The general ellipsoid that best fits the shape of the polymer coil – roughly corresponding to the tertiary structure of a biopolymer – has principal radii proportional to the square-roots of the respective eigenvalues of the gyration tensor. In Cartesian (x, y, z) coordinates, the surface is described by

$$
\frac{x^2}{\Lambda_1} + \frac{y^2}{\Lambda_2} + \frac{z^2}{\Lambda_3} = 3.
$$
 (4)

The probability distribution for the shape of a freelyjointed polymer coil of N segments of length l , modeled as a soft ellipsoid [\[41\]](#page-9-32), is accurately approximated by the analytical form [\[42\]](#page-9-20)

$$
P_0(\lambda_1, \lambda_2, \lambda_3) = P_1(\lambda_1) P_2(\lambda_2) P_3(\lambda_3) , \qquad (5)
$$

where $\lambda_i \equiv \Lambda_i/(Nl^2)$ are scaled (dimensionless) eigenvalues and

$$
P_i(\lambda_i) = \frac{(a_i d_i)^{n_i - 1} \lambda_i^{-n_i}}{2K_i} \exp\left(-\frac{\lambda_i}{a_i} - d_i^2 \frac{a_i}{\lambda_i}\right) ,\qquad(6)
$$

with fitting parameters $K_1 = 0.094551, K_2 = 0.0144146,$ $K_3 = 0.0052767, a_1 = 0.08065, a_2 = 0.01813, a_3 =$ 0.006031, $d_1 = 1.096$, $d_2 = 1.998$, $d_3 = 2.684$, $n_1 = 1/2$, $n_2 = 5/2$, and $n_3 = 4$. Although the factorization ansatz of Eq. [\(5\)](#page-1-2) is not exact, since extensions of a random walk in orthogonal directions are not independent, conformations that seriously violate the ansatz are rare for sufficiently long random walks. It is important to note that the eigenvalue distributions [Eq. [\(6\)](#page-2-0)] are derived from random-walk segment statistics [\[41](#page-9-32), [42\]](#page-9-20), reflect considerable fluctuations in size and shape of a free polymer, and will be modified by confinement, e.g., for polymers in the presence of nanoparticle crowders.

B. Polymer-Nanoparticle Mixtures

A mixture of hard nanospheres and nonadsorbing polymers is characterized by the number densities of the two species, n_n and n_p , the nanosphere radius R_n , and the rms radius of gyration R_q of free (uncrowded) polymer. In the colloid limit $(R_q < R_n)$, in which the polymer coils are impenetrable to particles, the effective polymer size must be calibrated in order to consistently and accurately account for the polymer excluded volume [\[116\]](#page-10-32). In the protein limit $(R_q \gg R_n)$, in which polymer penetration supplants excluded volume, it is instead the penetration energy that must be calibrated, as explained below (Sec. [II C\)](#page-2-1). Thus, we simply take the polymer radius equal to R_q and define the polymer-to-nanosphere size ratio as $q \equiv R_g/R_n$. The volume fractions of the two species are $\phi_n \equiv (4\pi/3)n_n R_n^3$ and $\phi_p \equiv (4\pi/3)n_p R_g^3$. It should be noted that the actual fraction of volume occupied by polymer coils will differ from ϕ_p due to the aspherical shapes and interpenetration of the coils.

In terms of the scaled eigenvalues, deviations of a polymer's average shape from spherical can be quantified by an asphericity parameter [\[36,](#page-9-28) [37\]](#page-9-29)

$$
A(\phi_n) = 1 - 3 \frac{\langle \lambda_1 \lambda_2 + \lambda_1 \lambda_3 + \lambda_2 \lambda_3 \rangle}{\langle (\lambda_1 + \lambda_2 + \lambda_3)^2 \rangle} . \tag{7}
$$

A spherical object with all three eigenvalues equal has $A = 0$, while a greatly elongated object, with one eigenvalue much larger than the other two, has $A \simeq 1$. The ratio of the rms radius of gyration [Eq. [\(3\)](#page-1-1)] of a polymer coil crowded by nanoparticles, $R_g(\phi_n)$, to that of an uncrowded coil, $R_g(0) = l\sqrt{N/6}$, can be expressed as

$$
\frac{R_g(\phi_n)}{R_g(0)} = \sqrt{6\left(\lambda_1 + \lambda_2 + \lambda_3\right)}\,,\tag{8}
$$

while the principal radii of the representative ellipsoid are given by

$$
R_i(\phi_n) = R_g(0)\sqrt{18\lambda_i} \ , \quad i = 1, 2, 3 \ . \tag{9}
$$

C. Polymer-Nanoparticle Penetration

In the protein limit $(q \gg 1)$, a nanoparticle may penetrate a polymer coil, with a free energy cost associated with the reduction in conformational entropy of the coil. The average free energy cost f to insert a hard sphere into an ideal polymer solution at temperature T is predicted by polymer field theory [\[78](#page-10-14)[–80](#page-10-34)]:

$$
f = k_B T \frac{4\pi n_p R_p^3}{q} \left(1 + \frac{2}{\sqrt{\pi}q} + \frac{1}{3q^2} \right) , \qquad (10)
$$

which is valid for all q (Eq. (3.11) of ref. [\[78](#page-10-14)]).

The simplest model of the pair interaction between a polymer and a nanoparticle, proposed by Schmidt and Fuchs [\[89\]](#page-10-35) in modeling phase behavior of polymernanoparticle mixtures, treats the penetration energy profile as a step function, equal to a constant ε in the case of penetration and zero otherwise. For a polymer of average volume v_p , this model predicts an average insertion free energy $n_p v_p \varepsilon$. Equating $n_p v_p \varepsilon$ to f in Eq. [\(10\)](#page-2-2) yields

$$
\beta \varepsilon = \frac{4\pi R_p^3}{v_p q} \left(1 + \frac{2}{\sqrt{\pi}q} + \frac{1}{3q^2} \right) , \qquad (11)
$$

where $\beta \equiv 1/(k_BT)$. If the polymer were approximated as a sphere of radius R_p , then Eq. [\(11\)](#page-2-3) would yield

$$
\beta \varepsilon = \frac{3}{q} \left(1 + \frac{2}{\sqrt{\pi q}} + \frac{1}{3q^2} \right) , \qquad (12)
$$

or $\beta \varepsilon \simeq 3/q$ for $q \gg 1$. Schmidt and Fuchs [\[89](#page-10-35)] applied the latter approximation in their study of demixing, as did we in our previous studies of crowding [\[73](#page-10-24), [74\]](#page-10-10). Here we apply, however, a more consistent and accurate calibration, which evaluates the average volume of the ellipsoidal polymer from the true shape distribution. For an uncrowded polymer, Eqs. [\(5\)](#page-1-2) and [\(6\)](#page-2-0) yield

$$
v_p = \frac{4\pi}{3} \int d\lambda P_0(\lambda) R_1 R_2 R_3 = 1.8365 R_p^3 ,\qquad (13)
$$

with $\lambda \equiv (\lambda_1, \lambda_2, \lambda_3)$. Substituting this polymer volume into Eq. [\(11\)](#page-2-3) then leads to

$$
\beta \varepsilon = \frac{6.8426}{q} \left(1 + \frac{2}{\sqrt{\pi}q} + \frac{1}{3q^2} \right) . \tag{14}
$$

For a crowded polymer, amidst nanoparticles of volume fraction ϕ_n , whose shape distribution we denote as $P(\lambda; \phi_n)$ with factors $P_i(\lambda_i; \phi_n)$, Eq. [\(13\)](#page-2-4) must be modified accordingly:

$$
v_p(\phi_n) = \frac{4\pi}{3} \int d\lambda P(\lambda; \phi_n) R_1 R_2 R_3 . \tag{15}
$$

In the simulations described below, we computed the polymer-nanosphere penetration free energy from Eq. [\(11\)](#page-2-3), with v_p consistently determined from Eq. [\(15\)](#page-2-5).

III. METHODS

A. Monte Carlo Simulations

For the models described in Sec. [II,](#page-1-0) we developed simulation methods to compute the potential of mean force (PMF) between hard nanospheres induced by larger polymers that fluctuate in shape according to Eq. [\(6\)](#page-2-0) and the shape distributions of crowded polymers immersed in nanosphere dispersions. The present analysis significantly extends our previous work in which we computed the PMF in the colloid limit [\[116](#page-10-32)] and crowding effects in the protein limit with a cruder penetration model [\[74](#page-10-10)].

We first summarize the Metropolis Monte Carlo (MC) simulation algorithm in the canonical ensemble. In a simulation cell shaped as either a cube or a rectangular parallelepiped (right rectangular prism) of fixed volume with periodic boundary conditions, containing a fixed number of particles at constant temperature, we performed trial moves comprising displacements of hard nanospheres and displacements, rotations, and shape deformations of penetrable ellipsoidal polymers. With the exception of polymer shape changes, the trial moves were accepted with probability [\[118,](#page-10-36) [119\]](#page-10-37)

$$
\mathcal{P}_{\text{config}}(\text{old} \to \text{new}) = \min \left\{ e^{-\beta \Delta F}, 1 \right\} , \quad (16)
$$

where ΔF is the associated change in free energy. While nanosphere-nanosphere overlaps are rejected outright, polymer-nanosphere overlaps are accepted with probability $\mathcal{P}_{\text{config}}$ using the penetration free energy of Eq. [\(14\)](#page-2-6). For a move that creates/eliminates an overlap, $\Delta F = \pm \varepsilon$. Intersection of polymer-nanosphere pairs is diagnosed using an essentially exact overlap algorithm that computes the shortest distance between the surfaces of a sphere and an ellipsoid [\[120](#page-11-0)]. Defining the orientation of a polymer coil by a unit vector u, aligned with the long axis of the ellipsoid, trial rotations are executed by generating a new (trial) direction \mathbf{u}' via

$$
\mathbf{u}' = \frac{\mathbf{u} + \tau \mathbf{v}}{|\mathbf{u} + \tau \mathbf{v}|},
$$
 (17)

where **v** is a randomly oriented unit vector and the tolerance τ determines the magnitude of the rotation [\[118\]](#page-10-36). A trial change in shape of an ellipsoidal polymer coil from gyration tensor eigenvalues λ to new eigenvalues λ' is accepted with probability

$$
\mathcal{P}_{\text{shape}}(\lambda \to \lambda') = \min \left\{ \frac{P_0(\lambda')}{P_0(\lambda)} e^{-\beta \Delta F}, 1 \right\} ,\qquad(18)
$$

where $P_0(\lambda)$ is the shape distribution of the uncrowded polymer [Eqs. [\(5\)](#page-1-2) and [\(6\)](#page-2-0) for ideal polymers]. Trial changes in eigenvalues allow the polymers to evolve toward a new equilibrium shape distribution, modified by the presence of nanosphere crowders. Although we focus here on ideal polymers, it is important to note that our simulation method can be easily extended to nonideal polymers with excluded-volume interactions by substituting the appropriate shape distribution into Eq. [\(18\)](#page-3-1).

B. Potential of Mean Force Algorithm

For two nanospheres in thermal and chemical equilibrium with a reservoir of nonadsorbing polymers of bulk density n_p at constant T, the potential of mean force (PMF) is defined as the change in grand potential $\Omega(r)$ upon bringing the nanospheres from infinite to finite (center-to-center) separation r:

$$
v_{\rm mf}(r) = \Omega(r) - \Omega(\infty) \;, \tag{19}
$$

where we use the fact that in an isotropic fluid the pair potential depends on only the radial coordinate. The change in grand potential arises from mechanical (pV) work performed by the nanoparticles in pushing against the osmotic pressure of the polymers: $\Pi_p = n_p k_B T$ for ideal polymers. In the spherical polymer (AOV) model, this work is easily evaluated:

$$
v_{\rm mf}(r) = -\Pi_p \int_{\infty}^r dr' \, A_{\rm ov}(r') = -\Pi_p V_{\rm ov}(r) \;, \tag{20}
$$

where $A_{\text{ov}}(r)$ and $V_{\text{ov}}(r)$ are the cross-sectional area and volume, respectively, of the overlap region of the two excluded-volume shells and we choose $\Omega(\infty) = 0$. The convex-lens-shaped overlap region has volume

$$
V_{ov}(r) = \frac{4\pi}{3} \left[(R_n + R_p)^3 - \frac{3r}{4} (R_n + R_p)^2 + \frac{r^3}{16} \right],
$$
\n(21)

for $2R_n < r < 2(R_n + R_p)$ (zero otherwise). This simple geometric approach fails, however, for the fluctuating ellipsoidal polymer model, for which calculating $V_{\text{ov}}(r)$ requires averaging over polymer shapes and orientations. As an alternative approach, we derive below a more general expression for the PMF, which we evaluate numerically via MC simulation using a variation of the Widom particle insertion method [\[121](#page-11-1)].

The particle insertion method exploits the connection between the grand potential Ξ and the grand canonical partition function: $\Omega = -k_BT \ln \Xi$. For a polymer solution containing two nanospheres – one fixed at the origin, the other fixed at a distance r from the origin – the partition function is proportional to a configurational integral of the Boltzmann factor for the internal potential energy:

$$
\Xi(r) \propto \langle \exp[-\beta U(r)] \rangle , \qquad (22)
$$

where $U(r)$ is the potential energy of the system with two nanospheres at separation r and $\langle \ \rangle$ still represents an ensemble average over polymer conformations. From Eqs. (19) and (22) ,

$$
\beta v_{\rm mf}(r) = -\ln\left(\frac{\langle \exp[-\beta U(r)] \rangle}{\langle \exp[-\beta U(\infty)] \rangle}\right) ,\qquad (23)
$$

which, in the dilute limit $(\phi_n \to 0)$, wherein $v_{\text{mf}}(r)$ becomes simply proportional to ϕ_n , reduces to

$$
\beta v_{\rm mf}(r) = \langle \exp[-\beta U(\infty)] \rangle - \langle \exp[-\beta U(r)] \rangle . \qquad (24)
$$

In practice, we computed the PMF induced by ideal polymers as follows. Fixing a single nanoparticle at the origin, we inserted a polymer of random shape and orientation at a random position in the box, computed the resultant overlap potential energy U_0 , and accumulated the average of $\exp(-\beta U_0)$ over many insertions. This average, equal to the mean free-volume fraction of the polymer, can be expressed as $\langle \exp(-\beta U_0)\rangle = 1 - c(r)\phi_n$, where $c(r)$ is independent of ϕ_n . It follows that

$$
\langle \exp[-\beta U(\infty)] \rangle = 1 - 2c(r)\phi_n = 2\langle \exp(-\beta U_0) \rangle - 1.
$$
\n(25)

Note that, because ideal polymers are independent, we need only insert a single polymer at a time. Repeating for two nanoparticles fixed at separation r , we calculated the overlap potential energy $U(r)$ upon insertion of a polymer and accumulated the average of $\exp[-\beta U(r)]$ over many insertions to obtain $\langle \exp[-\beta U(r)] \rangle$ and finally $v_{\rm mf}(r)$ from Eqs. [\(24\)](#page-3-4) and [\(25\)](#page-4-0).

As a consistency check, in the AOV model, the PMF can be derived exactly. In the presence of a single nanoparticle, the average fraction of the total volume V available to a polymer is

$$
\langle \exp(-\beta U_0) \rangle = \frac{V - \frac{4\pi}{3} (R_n + R_p)^3}{V} = 1 - \phi_n (1 + q)^3.
$$
\n(26)

Substituting into Eq. [\(25\)](#page-4-0) yields

$$
\langle \exp[-\beta U(\infty)] \rangle = 1 - 2\phi_n (1+q)^3 . \tag{27}
$$

In the presence of two nanoparticles, the average polymer free-volume fraction is

$$
\langle \exp[-\beta U(r)] \rangle = \frac{V - \frac{8\pi}{3}(R_n + R_p)^3 + V_{\text{ov}}(r)}{V} . \quad (28)
$$

Substituting for $V_{\text{ov}}(r)$ from Eq. [\(21\)](#page-3-5) then yields

$$
\langle \exp[-\beta U(r)] \rangle = 1 - \phi_n \left[(1+q)^3 + \frac{3}{4} x (1+q)^2 - \frac{x^3}{16} \right],
$$
\n(29)

with $x \equiv r/\sigma_n$. The difference of Eqs. [\(29\)](#page-4-1) and [\(27\)](#page-4-2) yields finally the AOV expression for the PMF induced by a single polymer [Eqs. [\(20](#page-3-6) and [\(21\)](#page-3-5)]. Comparing analytical and simulation results for the AOV model provides a test of our numerical algorithm (see Sec. [IV\)](#page-5-0).

C. Theoretical Approaches

We now summarize theoretical approaches with whose predictions we compare our simulation results in Sec. [IV.](#page-5-0) The polymer-induced potential of mean force between nanoparticles is predicted by polymer field theories. Within a continuum chain model of monodisperse homopolymers, Eisenriegler et al. [\[78](#page-10-14)[–80\]](#page-10-34) solved a diffusion equation for the partition function of an ideal (non-selfavoiding) chain in the presence of impenetrable mesoscopic particles, thus obtaining the first terms in a smallparticle $(1/q)$ series expansion for the average free energy of immersing both a single hard nanosphere [Eq. [\(10\)](#page-2-2)] and a pair of nanospheres in an ideal polymer solution. Including the leading and next-to-leading contributions, which should suffice in the protein limit $(q \gg 1)$, their result for the PMF can be expressed as (see Eqs. (2.64) and (2.65) of ref. [\[80\]](#page-10-34))

$$
\beta v_{\rm mf}(r) = -12\phi_p \left[\frac{h(x/q)}{qx} + \frac{g(x/q)}{q^2 x} - \frac{h(2x/q)}{2qx^2} \right] , \tag{30}
$$

where

$$
g(x) \equiv \frac{e^{-x^2}}{\sqrt{\pi}} - x + x \text{Erf}(x)
$$
 (31)

and

$$
h(x) \equiv \frac{1}{4} \left[-\frac{2}{\sqrt{\pi}} x e^{-x^2} + (1 + 2x^2) \text{Erfc}(x) \right] , \quad (32)
$$

with $Erf(x)$ and $Erfc(x)$ being the error function and complementary error function, respectively.

In related work, Woodward and Forsman [\[82,](#page-10-38) [83\]](#page-10-39) and Wang et al. [\[84](#page-10-15)] developed a general field theory, also within the continuum chain model, for the interaction between nanospheres immersed in a fluid of polydisperse ideal homopolymers. By solving a Schrödinger-like equation for the end-end segment distribution function, these workers derived an exact expansion in spherical harmonics for the PMF induced by polymers with molecular weight following the Schulz-Flory distribution:

$$
p^{(n)}(s) = \frac{(n+1)^{n+1}}{\Gamma(n+1)} \frac{s^n}{s^{n+1}} \exp[-(n+1)s/\bar{s}], \quad (33)
$$

with s the degree of polymerization and \bar{s} its mean value. Their prediction for the PMF reduces to that of Eisenriegler *et al.* [\[80\]](#page-10-34) in the monodisperse $(n \to \infty)$ limit and readily yields to numerical solution in the case $n = 0$. Although several other approaches to modeling depletion potentials have been proposed (cited in Sec. [I\)](#page-0-1), we focus here on polymer field theories, since their predictions can be directly compared with our simulation results.

To model polymer crowding, we recently developed a free-volume theory, which we applied to calculate polymer shape distributions in polymer-nanosphere mixtures [\[48](#page-9-22), [74\]](#page-10-10). In this approach, the shape distribution of crowded polymers is given by

$$
P(\lambda; \phi_n) = P_0(\lambda) \frac{\alpha(\lambda; \phi_n)}{\alpha_{\text{eff}}(\phi_n)}, \qquad (34)
$$

where $\alpha(\lambda; \phi_n)$ is the free-volume fraction of a polymer of shape λ amidst nanoparticles of volume fraction ϕ_n and

$$
\alpha_{\text{eff}}(\phi_n) \equiv \int_0^\infty d\lambda P_0(\lambda) \alpha(\lambda; \phi_n) \tag{35}
$$

is an effective polymer free-volume fraction, defined as an average of $\alpha(\lambda; \phi_n)$ over uncrowded polymer shapes.

In the dilute nanoparticle concentration limit $(\phi_n \to 0)$, we have $\alpha(\lambda; 0) = 1$ and the shape distribution reduces to that of the uncrowded polymer: $P(\lambda; 0) = P_0(\lambda)$.

The essential input to the theory is the polymer free-volume fraction, which is well approximated by the geometry-based theory of Oversteegen and Roth [\[122\]](#page-11-2). By separating thermodynamic properties of the nanosphere crowders from geometric properties of the polymer depletants, using fundamental-measures density-functional theory [\[123](#page-11-3)[–125](#page-11-4)], this approach generalizes scaled-particle theory [\[126\]](#page-11-5) from spheres to arbitrary shapes, yielding

$$
\alpha(\lambda; \phi_n) = (1 - \phi'_n) \exp[-\beta(pv_p + \gamma a_p + \kappa c_p)], \quad (36)
$$

where $\phi'_n \equiv \phi_n(1 - e^{-\beta \varepsilon})$ and p, γ , and κ are the bulk pressure, surface tension at a planar hard wall, and bending rigidity of the nanoparticles, while v_p , a_p , and c_p are the volume, surface area, and integrated mean curvature of a polymer. For a general ellipsoidal polymer, $v_p = (4\pi/3)R_1R_2R_3$, with the principal-radii R_i given by Eq. [\(9\)](#page-2-7), while a_p and c_p are numerically evaluated from the principal radii. The thermodynamic properties of hard nanospheres are accurately approximated by the Carnahan-Starling expressions [\[122](#page-11-2), [127](#page-11-6)]:

$$
\beta p = \frac{3\phi_n}{4\pi R_n^3} \frac{1 + \phi_n + \phi_n^2 - \phi_n^3}{(1 - \phi_n)^3}
$$

\n
$$
\beta \gamma = \frac{3}{4\pi R_n^2} \left[\frac{\phi_n (2 - \phi_n)}{(1 - \phi_n)^2} + \ln(1 - \phi_n) \right]
$$

\n
$$
\beta \kappa = \frac{3\phi_n}{R_n (1 - \phi_n)}.
$$
\n(37)

IV. RESULTS AND DISCUSSION

To test the accuracy of the ellipsoidal polymer model in describing polymer depletion-induced interactions between nanoparticles and nanoparticle-induced crowding of polymers, as well as to validate our MC algorithms, we performed two series of simulations in the protein limit. In one series, we computed the PMF between pairs of hard nanospheres; in the second series, we computed the shape distributions of polymers crowded by many nanospheres. In this section, we compare our results for the depletion potential and polymer crowding with predictions of polymer field theory and free-volume theory, respectively.

In the first series of simulations, we computed the PMF over a range of nanosphere separations, using the polymer trial insertion method outlined in Sec. [III B.](#page-3-7) The dimensions of the rectangular parallelepiped simulation cell were set to maximize the acceptance ratio, while avoiding interaction of polymers with periodic images of the nanospheres. Tolerances for polymer trial moves were fixed at $\tau = 0.001$ for rotations and $\Delta \lambda_1 = 0.01$, $\Delta\lambda_2 = 0.003, \Delta\lambda_3 = 0.001$ for shape changes. Each run comprised 2×10^7 independent polymer insertions. We

FIG. 2. Potential of mean force (units of $n_p R_g^3 k_B T$) induced by ideal polymers between hard nanospheres for polymer-tonanosphere size ratio (a) $q = 5$ and (b) $q = 10$. Our simulation data for ellipsoidal polymers (squares) and spherical polymers (circles) are compared with predictions of polymer field theory for monodisperse coils [\[80\]](#page-10-34) ($n = \infty$, solid curves) and polydisperse coils [\[84](#page-10-15)] $(n = 0,$ dashed curves). Error bars are smaller than symbol sizes.

determined statistical uncertainties (error bars) by computing standard deviations from five independent runs. As a test, we first simulated the original AOV model of spherical polymers, fixed in size and impenetrable to nanospheres, and confirmed that our algorithm reproduces the exact PMF of Eqs. [\(20\)](#page-3-6) and [\(21\)](#page-3-5) to within statistical uncertainties. Next, we simulated the penetrable ellipsoidal polymer model (Sec. [II C\)](#page-2-1), with penetration free energy given by Eq. [\(14\)](#page-2-6). For comparison, we also simulated a modified AOV model of spherical polymers, fixed in size but penetrable to the nanospheres, with the penetration free energy given by Eq. [\(12\)](#page-2-8).

Figure [2](#page-5-1) presents direct comparisons of our simulation data with predictions of two polymer field theo-ries [\[80,](#page-10-34) [84\]](#page-10-15) for size ratios $q = 5$ and $q = 10$. The two theories make slightly different predictions, since one [\[80](#page-10-34)] describes monodisperse coils $[n = \infty$ in Eq. [\(33\)](#page-4-3)] and the other [\[84](#page-10-15)] polydisperse coils $(n = 0)$. (When re-

FIG. 3. Snapshot from simulation of polymer-nanoparticle mixture for computing shape distribution of ellipsoidal polymer immersed in a concentrated dispersion of nanospheres.

plotted in Fig. [2,](#page-5-1) the pair potentials from ref. [\[84\]](#page-10-15) have been corrected for a missing scale factor [\[128](#page-11-7)].) With no fitting parameters, the ellipsoidal polymer model yields a PMF in good agreement with field theories, although with somewhat less curvature. In contrast, the penetrable spherical polymer model, with penetration free energy given by Eq. [\(12\)](#page-2-8), produces a PMF with a shallower attractive well and a qualitatively different shape. For reference, the AOV model of impenetrable spherical polymer greatly overestimates the depth of the attraction, yielding contact values of $\beta v_{\rm mf}(\sigma_n)/(n_p R_g^3) = 5.4$ for $q = 5$ and 4.8 for $q = 10$ – hardly surprising in the protein limit, where polymers are far from impenetrable. Quantitative discrepancies between simulation and theory, especially at intermediate distances, may originate from the step-function approximation for the polymernanoparticle penetration energy profile.

Evidently, polymer shape fluctuations and penetrability both play vital roles in depletion-induced interactions. In passing, we note that using $\beta \varepsilon = 3/q$ as the penetration energy for the ellipsoidal polymer model leads to a much weaker pair attraction. Close agreement between polymer field theory predictions and the potentials output by our simulations, which use as input the penetration free energy predicted by the same theory, not only validates the ellipsoidal polymer model, but also confirms the self-consistency of the field theories. We emphasize, however, that our approach, unlike the field theories, can be applied also in the colloid limit [\[116](#page-10-32)].

In the second series of simulations, using the eigenvalue distributions of an uncrowded polymer [Eqs. [\(5\)](#page-1-2) and [\(6\)](#page-2-0)], we computed the shape distributions of polymers immersed in bulk dispersions of nanospheres of various concentrations (Fig. [3\)](#page-6-0). For both polymers and nanospheres, the tolerance for trial displacements was fixed at 0.1 σ_n . Extending our preliminary study of crowding [\[74\]](#page-10-10), we implemented an exact polymer-nanosphere overlap algorithm [\[120\]](#page-11-0) and used a more realistic penetration free energy ε [Eqs. [\(11\)](#page-2-3) and [\(15\)](#page-2-5)]. Since ε depends, at each nanosphere volume fraction ϕ_n , on the average volume of the crowded polymer $v_p(\phi_n)$, which itself depends on ε , we input the $v_p(\phi_n)$ predicted by free-volume theory and subsequently checked for self-consistency.

In each of the five independent runs, we accumulated configurational data over 10⁷ steps, following an equilibration stage of 5×10^4 MC steps, and calculated the polymer gyration tensor eigenvalue distributions, asphericity, and rms radius of gyration by averaging over 10⁴ independent configurations, spaced by intervals of 10^3 steps to minimize correlations. We typically chose $N_n = 216$, but performed runs with up to 1728 nanospheres to ensure statistical independence of system size. In the process, we confirmed that our previous approximation [\[74\]](#page-10-10) for the shape of the intersection region as a "stretched" ellipsoid – an ellipsoid whose principal radii are lengthened by R_n – is quite reasonable in the protein limit and gives qualitatively consistent results. Results reported below are compared with predictions of free-volume theory. To our knowledge, no corresponding data from simulations of explicit polymer models are yet available for direct comparison.

For a polymer immersed in a nanosphere dispersion, with uncrowded rms radius of gyration equal to five times the nanosphere radius $(q = 5)$, Fig. [4](#page-7-0) presents the probability distributions for the eigenvalues of the gyration tensor, representing the distribution of shapes of the ellipsoid that best fits the polymer coil. A comparison of the scales of the distributions for the three eigenvalues reveals that the typical shape of the polymer is that of an elongated, flattened ellipsoid. With increasing crowding, i.e., nanosphere concentration, all three eigenvalue distributions steadily shift toward smaller ranges, reflecting contraction of the polymer along all three principle axes. Also shown in Fig. [4](#page-7-0) are predictions of free-volume theory (Sec. [III C\)](#page-4-4). At lower nanosphere concentrations, simulation and theory agree closely. With increasing crowding, however, small deviations emerge, especially notable for the largest eigenvalue λ_1 .

Figure [5](#page-7-1) shows the probability distributions for a polymer doubled in size $(q = 10)$. Compared with the smaller polymer, for the same nanosphere concentration, the shifts in the eigenvalue distributions are significantly larger relative to the uncrowded distributions. As discussed in ref. [\[74\]](#page-10-10), this trend can be understood by noting that the average overlap free energy increases roughly with the square of the size ratio. Also apparent is that the free-volume theory is less accurate for this larger size ratio, somewhat overpredicting the polymer compression, especially at the highest volume fraction.

From the eigenvalue distributions, we computed the as-

FIG. 4. Probability distributions for the eigenvalues of the gyration tensor of a crowded polymer, modeled as an ideal, freely-jointed chain: (a) λ_1 , (b) λ_2 , (c) λ_3 . Our simulation data (symbols) are compared with predictions of freevolume theory (solid curves) for a single ellipsoidal polymer, with uncrowded rms radius of gyration equal to five times the nanoparticle radius $(q = 5)$, amidst $N_n = 216$ hard nanospheres with volume fraction $\phi_n = 0.1$ (triangles), 0.2 (squares), and 0.3 (circles). Dashed curves show uncrowded distributions ($\phi_n = 0$) from Eqs. [\(5\)](#page-1-2) and [\(6\)](#page-2-0).

FIG. 5. Same as Fig. [4,](#page-7-0) but for larger polymer-to-nanosphere size ratio $(q = 10)$. Notice the changes in scale.

phericity [Eq. [\(7\)](#page-2-9)], rms radius of gyration [Eq. [\(8\)](#page-2-10)], and average volume [Eq. [\(15\)](#page-2-5)] of a crowded polymer over a range of nanosphere concentrations. As Fig. [6](#page-8-0) demonstrates, a polymer responds to progressive crowding not only by contracting, but also by becoming more spherical, as reflected by the decrease in A, R_q , and v_p with increasing ϕ_n . These trends are amplified upon increasing the size ratio from $q = 5$ to $q = 10$, the larger polymer being relatively more compactified. Moreover, the crowding effect is much stronger here, where we computed ε from Eqs. [\(11\)](#page-2-3) and [\(15\)](#page-2-5), than in our previous study [\[74](#page-10-10)], where we used lower penetration free ener-

FIG. 6. (a) Asphericity [Eq. [\(7\)](#page-2-9)], (b) rms radius of gyration $[Eq. (8)]$ $[Eq. (8)]$ $[Eq. (8)]$, and (c) average volume $[Eq. (15)]$ $[Eq. (15)]$ $[Eq. (15)]$ of a fluctuating ellipsoidal polymer vs. nanosphere volume fraction ϕ_n . Our simulation data are shown for uncrowded polymer-tonanosphere size ratio $q = 5$ (circles) and $q = 10$ (squares) and compared with predictions of free-volume theory (curves). Error bars are smaller than symbols. As crowding increases, the polymer becomes more compact (smaller and less aspherical). Inset to panel (b): Comparison with scaling prediction [\[81\]](#page-10-40), $R_g \sim \phi_n^{-1/4}$, on a log-log scale.

gies. Nevertheless, a model of spherical, compressible

polymers gives yet greater contraction [\[73,](#page-10-24) [74\]](#page-10-10), which is attributable to the lack of freedom of a spherical polymer to distort its shape.

Figure [6](#page-8-0) also shows a comparison of our simulation data with predictions of free-volume theory. As with the eigenvalue distributions, the theory faithfully captures the trends in shape, size, and volume. The inset to panel (b) shows a further comparison with the scaling predic-tion of Odijk [\[81\]](#page-10-40) for the radius of gyration, $R_g \sim \phi_n^{-1/4}$, which is seen to be fairly consistent with our data over a significant range of nanosphere concentrations. Here the close agreement between the input (theory) and output (simulation) values of v_p serves as a consistency check on our approximation for the penetration free energy. In the coarse-grained polymer model, for the size ratios studied here, neither simulation nor theory indicates a sudden collapse of an ideal coil up to volume fractions $\phi_n \simeq 0.4$.

V. CONCLUSIONS

In summary, to investigate influences of polymer shape and penetrability on mixtures of hard nanospheres and nonadsorbing homopolymers, modeled as penetrable ellipsoids with fluctuating shapes, we developed a Monte Carlo simulation method based on polymer insertion and geometric overlap algorithms. We applied our method to compute depletion-induced potentials of mean force between nanospheres and crowding-induced shape deformations of ideal polymers in the protein limit. Our simulation data for pair interactions are in good agreement with predictions of polymer field theories, further validating the ellipsoidal polymer model and demonstrating the importance of polymer shape fluctuations and penetrability for depletion interactions. Our results for shape distributions of crowded polymers, including asphericity and rms radius of gyration, agree closely with predictions of free-volume theory, differing quantitatively only in highly concentrated nanosphere dispersions. Extending our previous study [\[74\]](#page-10-10), we consistently incorporated the dependence of the penetration free energy on the polymer shape and nanoparticle concentration. Furthermore, our predictions for polymer shape deformations can be tested against molecular simulations or density-functional theory calculations for explicit segmented-chain polymers, which may guide refinement of the step-function approximation assumed for the penetration energy profile.

The methods and results presented here lay a foundation for simulating more realistic models of polymernanoparticle mixtures, as well as models of polymers in quenched disordered media [\[129](#page-11-8)[–131\]](#page-11-9). Future work will focus on generalizing the model from ideal polymers to nonideal polymers in good solvents with excluded-volume interactions [\[101](#page-10-41)[–103\]](#page-10-42) characterized by shape distributions of self-avoiding random walks [\[39,](#page-9-33) [40](#page-9-34)], analyzing crowding of real biopolymers [\[104](#page-10-30)[–108\]](#page-10-31) (e.g., specific proteins and RNA), and exploring influences of polymer shape fluctuations on thermodynamic stability and phase

behavior (e.g., demixing) of bulk polymer-nanoparticle mixtures.

ACKNOWLEDGMENTS

This work was supported by the National Science Foundation (Grant No. DMR-1106331). We thank Jan Forsman for helpful correspondence and for sharing the data from ref. [\[84\]](#page-10-15) plotted in Fig. [2.](#page-5-1)

- [1] H. N. W. Lekkerkerker and R. Tuinier, Colloids and the Depletion Interaction (Springer, Heidelberg, 2011).
- [2] A. C. Balazs, T. Emrick, and T. P. Russell, Science 314, 1107 (2006).
- [3] M. E. Mackay, A. Tuteja, P. M. Duxbury, C. J. Hawker, B. Van Horn, Z. Guan, G. Chen, and R. S. Krishnan, Science 311, 1740 (2006).
- [4] S. Asakura and F. Oosawa, J. Chem. Phys. 22, 1255 (1954).
- [5] P. G. de Gennes, Scaling Concepts in Polymer Physics (Cornell, Ithaca, 1979).
- [6] J. Israelachvili, Intermolecular and Surface Forces (Academic, London, 1992).
- [7] A. Vrij, Pure & Appl. Chem. 48, 471 (1976).
- [8] P. N. Pusey, "Colloidal Suspensions," in Liquids, Freezing and Glass Transition, Les Houches session 51, Vol. 2, edited by J.-P. Hansen, D. Levesque, and J. Zinn-Justin (North-Holland, Amsterdam, 1991) pp. 763–931.
- [9] R. A. L. Jones, Soft Condensed Matter (Oxford, Oxford, 2002).
- [10] M. Fuchs and K. S. Schweizer, J. Phys.: Condens. Matter 14, R239 (2002).
- [11] G. J. Fleer and R. Tuinier, Adv. Coll. Interface Sci. 143, 1 (2008).
- [12] A. R. Denton, "Effective Interactions in Soft Materials," in Nanostructured Soft Matter: Experiment, Theory, Simulation and Perspectives, edited by A. V. Zvelindovsky (Springer, Dordrecht, 2007) pp. 395–433.
- [13] V. B. Tolstoguzov, Food Hydrocolloids 4, 429 (1991).
- [14] C. de Kruif and R. Tuinier, Food Hydrocolloids 15, 555 (2001).
- [15] W. Norde, Colloids and Interfaces in Life Sciences and Bionanotechnology, 2nd ed. (CRC, Boca Raton, 2011).
- [16] Z. Dogic, K. R. Purdy, E. Grelet, M. Adams, and S. Fraden, Phys. Rev. E 69, 051702 (2004).
- [17] T. Li, X. Zan, Y. Sun, X. Zuo, X. Li, A. Senesi, R. E. Winans, Q. Wang, and B. Lee, Langmuir 29, 12777 (2013).
- [18] A. Kulkarni and C. Zukoski, J. Crystal Growth 232, 156 (2001).
- [19] A. Stradner, G. Foffi, N. Dorsaz, G. Thurston, and P. Schurtenberger, Phys. Rev. Lett. 99, 198103 (2007).
- [20] A. P. Minton, Biopolymers 20, 2093 (1981).
- [21] A. P. Minton, Biophys. J. 78, 101 (2000).
- [22] A. P. Minton, J. Biol. Chem. 276, 10577 (2001).
- [23] K. Richter, M. Nessling, and P. Lichter, J. Cell Sci. 120, 1673 (2007).
- [24] K. Richter, M. Nessling, and P. Lichter, Biochim. Biophys. Acta 1783, 2100 (2008).
- [25] A. H. Elcock, Current Opin. Struct. Biol. **20**, 1 (2010).
- [26] R. Hancock, in Genome Organization and Function in the Cell Nucleus, edited by K. Rippe (Wiley-VCH,

Weinheim, 2012) pp. 169–184.

- [27] W. Kuhn, Kolloid-Zeitschrift **68**, 2 (1934).
- [28] M. Fixman, J. Chem. Phys. **36**, 306 (1962).
- [29] P. J. Flory and S. Fisk, J. Chem. Phys. 44, 2243 (1966).
- [30] P. J. Flory, Statistical Mechanics of Chain Molecules (Wiley, New York, 1969).
- [31] H. Yamakawa, Modern Theory of Polymer Solutions (Harper & Row, New York, 1970).
- [32] H. Fujita and T. Norisuye, J. Chem. Phys. 52, 1115 (1970).
- [33] K. Šolc, J. Chem. Phys. $55, 335$ (1971).
- [34] K. Šolc, Macromol. 6, 378 (1973).
- [35] D. N. Theodorou and U. W. Suter, Macromol. 18, 1206 (1985).
- [36] J. Rudnick and G. Gaspari, J. Phys. A: Math. Gen. 19, L191 (1986).
- [37] J. Rudnick and G. Gaspari, Science 237, 384 (1987).
- [38] M. Bishop and C. J. Saltiel, J. Chem. Phys. 88, 6594 (1988).
- [39] S. J. Sciutto, J. Phys. A: Math. Gen. 29, 5455 (1996).
- [40] L. Schäfer, *Excluded Volume Effects in Polymer So*lutions as Explained by the Renormalization Group (Springer, Berlin, 1999).
- [41] M. Murat and K. Kremer, J. Chem. Phys. 108, 4340 (1998).
- [42] F. Eurich and P. Maass, J. Chem. Phys. 114, 7655 (2001).
- [43] R. J. Ellis, Current Opin. Struct. Biol. 11, 114 (2001).
- [44] R. J. Ellis, Trends in Biochem. Sci. **261**, 597 (2001).
- [45] J. R. C. van der Maarel, Introduction to Biopolymer Physics (World Scientific, Singapore, 2008).
- [46] R. Phillips, J. Kondev, and J. Theriot, *Physical Biology* of the Cell (Garland Science, New York, 2009).
- [47] M. S. Cheung, Current Opin. Struct. Biol **23**, 1 (2013).
- [48] A. R. Denton, in New Models of the Cell Nucleus: Crowding and Entropic Forces and Phase Separation and Fractals, edited by R. Hancock and K. W. Jeon (Academic Press, UK, 2013) pp. 27–72.
- [49] I. Ali, D. Marenduzzo, and J. M. Yeomans, Phys. Rev. Lett. 96, 208102 (2006).
- [50] J. M. Polson, M. F. Hassanabad, and A. McCaffrey, J. Chem. Phys. 138, 024906 (2013).
- [51] X. Ye, T. Narayanan, P. Tong, and J. S. Huang, Phys. Rev. Lett. 76, 4640 (1996).
- [52] A. I. Nakatani, W. Chen, R. G. Schmidt, G. V. Gordon, and C. C. Han, Polymer 42, 3713 (2001).
- [53] T. Kramer, R. Schweins, and K. Huber, J. Chem. Phys. 123, 014903 (2005).
- [54] T. Kramer, R. Schweins, and K. Huber, Macromol. 38, 151 (2005).
- [55] T. Kramer, R. Schweins, and K. Huber, Macromol. 38, 9783 (2005).
- [56] C. Le Coeur, B. Demé, and S. Longeville, Phys. Rev. E 79, 031910 (2009).
- [57] C. Le Coeur, J. Teixeira, P. Busch, and S. Longeville, Phys. Rev. E **81**, 061914 (2010).
- [58] K. Nusser, S. Neueder, G. J. Schneider, M. Meyer, W. Pyckhout-Hintzen, L. Willner, A. Radulescu, and D. Richter, Macromol. 43, 9837 (2010).
- [59] A. Milling and S. Biggs, J. Colloid Interface Sci. 170, 604 (1995).
- [60] D. Rudhardt, C. Bechinger, and P. Leiderer, Phys. Rev. Lett. 81, 1330 (1998).
- [61] R. Verma, J. C. Crocker, T. C. Lubensky, and A. G. Yodh, Phys. Rev. Lett. **81**, 4004 (1998).
- [62] K. H. Lin, J. C. Crocker, A. C. Zeri, and A. G. Yodh, Phys. Rev. Lett. 87, 088301 (2001).
- [63] F. Hilitski, A. R. Ward, L. Cajamarca, M. F. Hagan, G. M. Grason, and Z. Dogic, [Phys. Rev. Lett.](http://dx.doi.org/ 10.1103/PhysRevLett.114.138102) 114, 138102 (2015).
- [64] Y. Hennequin, M. Evens, C. M. Q. Angulo, and J. S. van Duijneveldt, J. Chem. Phys. 123, 054906 (2005).
- [65] Z. Zhang and J. S. van Duijneveldt, Langmuir 22, 63 (2006).
- [66] K. J. Mutch, J. S. van Duijneveldt, and J. Eastoe, Soft Matter 3, 155 (2007).
- [67] J. F. Joanny, L. Leibler, and P. G. de Gennes, J. Polymer Sci.: Polymer Phys. Ed. 17, 1073 (1979).
- [68] R. P. Sear, Phys. Rev. E 56, 4463 (1997).
- [69] R. P. Sear, Phys. Rev. Lett. 86, 4696 (2001).
- [70] R. P. Sear, Phys. Rev. E 66, 51401 (2002).
- [71] A. P. Minton, Biophys. J. 88, 971 (2005).
- [72] A. R. Denton and M. Schmidt, J. Phys.: Condens. Matter 14, 12051 (2002).
- [73] B. Lu and A. R. Denton, J. Phys.: Condens. Matter 23, 285102 (2011).
- [74] W. K. Lim and A. R. Denton, J. Chem. Phys. 141, 114909 (2014).
- [75] J. Y. Walz and A. Sharma, J. Colloid Interface Sci. 168, 485 (1994).
- [76] Y. Mao, M. E. Cates, and H. N. W. Lekkerkerker, Physica A 222, 10 (1995).
- [77] Y. Mao, M. E. Cates, and H. N. W. Lekkerkerker, J. Chem. Phys. 106, 3721 (1997).
- [78] E. Eisenriegler, A. Hanke, and S. Dietrich, Phys. Rev. E 54, 1134 (1996).
- [79] A. Hanke, E. Eisenriegler, and S. Dietrich, Phys. Rev. E 59, 6853 (1999).
- [80] E. Eisenriegler, A. Bringer, and R. Maassen, J. Chem. Phys. 118, 8093 (2003).
- [81] T. Odijk, Physica A 278, 347 (2000).
- [82] C. E. Woodward and J. Forsman, J. Chem. Phys. 133, 154902 (2010).
- [83] C. E. Woodward and J. Forsman, J. Chem. Phys. 136, 084903 (2012).
- [84] H. Wang, C. E. Woodward, and J. Forsman, J. Chem. Phys. 140, 194903 (2014).
- [85] A. P. Chatterjee and K. S. Schweizer, J. Chem. Phys. 109, 10464 (1998).
- [86] S. Ramakrishnan, M. Fuchs, K. S. Schweizer, and C. F. Zukoski, J. Chem. Phys. 116, 2201 (2002).
- [87] A. Moncho-Jordá, A. A. Louis, P. G. Bolhuis, and R. Roth, J. Phys.: Condens. Matter 15, S3429 (2003).
- [88] C. Bechinger, D. Rudhardt, P. Leiderer, R. Roth, and S. Dietrich, Phys. Rev. Lett. 83, 3960 (1999).
- [89] M. Schmidt and M. Fuchs, J. Chem. Phys. 117, 6308 (2002).
- [90] T. Goel, C. N. Patra, S. K. Ghosh, and T. Mukherjee, J. Chem. Phys. 121, 4865 (2004).
- [91] C. E. Woodward and J. Forsman, Phys. Rev. Lett. **100**, 098301 (2008).
- [92] J. Forsman and C. E. Woodward, J. Chem. Phys. 131, 044903 (2009).
- [93] R. Tuinier, G. A. Vliegenthart, and H. N. W. Lekkerkerker, J. Chem. Phys. 113, 10768 (2000).
- [94] R. Tuinier and H. N. W. Lekkerkerker, Eur. Phys. J. E 6, 129 (2001).
- [95] R. Tuinier and A. V. Petukhov, Macromol. Theory Simul. 11, 975 (2002).
- [96] E. J. Meijer and D. Frenkel, Phys. Rev. Lett. **67**, 1110 (1991).
- [97] E. J. Meijer and D. Frenkel, J. Chem. Phys. 100, 6873 (1994).
- [98] R. Dickman and A. Yethiraj, J. Chem. Phys. 100, 4683 (1994).
- [99] P. G. Bolhuis, A. A. Louis, and J.-P. Hansen, Phys. Rev. Lett. 89, 128302 (2002).
- [100] A. A. Louis, P. G. Bolhuis, E. J. Meijer, and J.-P. Hansen, J. Chem. Phys. 117, 1893 (2002).
- [101] P. G. Bolhuis, E. J. Meijer, and A. A. Louis, Phys. Rev. Lett. 90, 068304 (2003).
- [102] M. Doxastakis, Y. L. Chen, O. Guzmán, and J. J. de Pablo, J. Chem. Phys. 120, 9335 (2004).
- [103] M. Doxastakis, Y. L. Chen, and J. J. de Pablo, J. Chem. Phys. 123, 34901 (2005).
- [104] D. P. Goldenberg, J. Mol. Biol. **326**, 1615 (2003).
- [105] R. I. Dima and D. Thirumalai, J. Phys. Chem. B 108, 6564 (2004).
- [106] M. Cheung, D. Klimov, and D. Thirumalai, Proc. Natl. Acad. Sci 102, 4753 (2005).
- [107] N. A. Denesyuk and D. Thirumalai, J. Am. Chem. Soc. 133, 11858 (2011).
- [108] N. A. Denesyuk and D. Thirumalai, Biophys. Rev. 5, 225 (2013).
- [109] M. Camargo and C. N. Likos, [Phys. Rev. Lett.](http://dx.doi.org/10.1103/PhysRevLett.104.078301) 104, 078301 (2010).
- [110] A. Linhananta, G. Amadei, and T. Miao, J. Phys.: Conf. Ser. 341, 012009 (2012).
- [111] E. Chen, A. Christiansen, Q. Wang, M. S. Cheung, D. S. Kliger, and P. Wittung-Stafshede, Biochem. 51, 9836 (2012).
- [112] T. Hoppe and J.-M. Yuan, J. Phys. Chem. B 115, 2006 (2011).
- [113] N. A. Denesyuk and D. Thirumalai, J. Phys. Chem. B 117, 4901 (2013).
- [114] M. Triantafillou and R. D. Kamien, Phys. Rev. E 59, 5621 (1999).
- [115] M. Piech and J. Y. Walz, J. Colloid Interface Sci. 232, 86 (2000).
- [116] W. K. Lim and A. R. Denton, [Soft Matter \(2015\), 10.1039/C5SM02863A.](http://dx.doi.org/10.1039/C5SM02863A)
- [117] F. Eurich, A. Karatchentsev, J. Baschnagel, W. Dieterich, and P. Maass, J. Chem. Phys. 127, 134905 (2007).
- [118] D. Frenkel and B. Smit, Understanding Molecular Simulation, 2nd ed. (Academic, London, 2001).
- [119] K. Binder and D. W. Heermann, Monte Carlo Simulation in Statistical Physics: An Introduction, 5th ed. (Springer, Berlin, 2010).
- [120] J. C. Hart, in Graphics Gems IV, edited by P. S. Heckbert (Academic, San Diego, 1994) pp. 113–119.
- [121] B. Widom, J. Chem. Phys. 39, 2808 (1963).
- [122] S. M. Oversteegen and R. Roth, J. Chem. Phys. 122, 214502 (2005).
- [123] Y. Rosenfeld, Phys. Rev. Lett. **63**, 980 (1989).
- [124] Y. Rosenfeld, M. Schmidt, H. Löwen, and P. Tarazona, Phys. Rev. E 55, 4245 (1997).
- [125] M. Schmidt, H. Löwen, J. M. Brader, and R. Evans, Phys. Rev. Lett 85, 1934 (2000).
- [126] J. L. Lebowitz, E. Helfand, and E. Praestgaard, J. Chem. Phys. 43, 774 (1964).
- [127] J.-P. Hansen and I. R. McDonald, Theory of Simple Liquids, 3rd ed. (Elsevier, London, 2006).
- [128] J. Forsman, private communication (2015).
- [129] S. F. Edwards and M. Muthukumar, J. Chem. Phys. 89, 2435 (1988).
- [130] M. E. Cates and C. Ball, J. Phys. France 49, 2009 (1988).
- [131] Y. Y. Goldschmidt, Phys. Rev. E **61**, 1729 (2000).