

# Emergent spontaneous symmetry breaking and emergent symmetry restoration in rippling gravitational background.

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## Abstract

We study effects of a rippling gravitational background on a scalar field with a double well potential, focusing on the analogy with the well known dynamics of the Kapitza's pendulum. The ripples are rendered as infinitesimal but rapidly oscillating perturbations of the scale factor. We find that the resulting dynamics crucially depends on a value of the parameter  $\xi$  in the  $\xi R \phi^2$  vertex. For the time-dependent perturbations of a proper form the resulting effective action is generally covariant, and at a high enough frequency at  $\xi < 0$  and at  $\xi > 1/6$  the effective potential has a single minimum at zero, thereby restoring spontaneously broken symmetry of the ground state. On the other side, at  $0 < \xi < 1/6$  spontaneous symmetry breaking emerges even when it is absent in the non perturbed case.

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# 1 Introduction

Oscillating gravitational backgrounds attract attention of theoretical physicists in various contexts starting from quantum decoherence [1, 2] and finishing some cosmological [3] and extra dimensional constructions [4–6]. Effects of a rippling scale factor on a *minimally* coupled quantized scalar field were studied in [7]. One can also find some interesting consequences of rippling parameters in [8]. The first famous example of a rippling background, however, is not related to quantum physics or cosmology - it is the famous Kapitza’s pendulum [9, 10], i.e. a classical pendulum whose suspension point rapidly oscillates with a small amplitude. The highly nontrivial and counterintuitive classical dynamics of this simple object inspired us to write this article. As we show below already at classical level small but rapidly oscillating perturbations of the scale factor may affect the ground states of physically relevant models in a quite interesting way.

In this paper we study the effect of the rapidly oscillating gravitational field  $g_{\mu\nu}$  on a classical dynamics of the scalar field  $\phi$ . The latter is described by the most general action<sup>1</sup>

$$S_g[\phi] = \int d^4x \sqrt{-g} \left\{ \frac{1}{2} \phi (-\nabla_g^2 - \xi R_g + \mu^2) \phi - \frac{1}{4!} \lambda \phi^4 \right\}, \quad (1.1)$$

which leads to renormalizable<sup>2</sup> quantum field theory in four dimensions. Such an action is of special importance, since the Higgs field of the Standard Model is described by the action of such a form. We consider the metric tensor given by the product of the slowly varying bare<sup>3</sup> metric  $\bar{g}_{\mu\nu}$  and the highly oscillating conformal factor, which is very close to one:

$$g_{\mu\nu} = \bar{g}_{\mu\nu} e^{2\alpha \cos(\omega t)}, \quad (1.2)$$

where the dimensionless amplitude  $\alpha$  is much smaller than 1, the frequency  $\omega$  is much larger than  $\mu$  and invariants of the metric tensor  $\bar{g}_{\mu\nu}$  (and its derivatives) of the dimension  $[L^{-1}]$ . The main goal of the present paper is to generalize the result of Kapitza to this model. In particular, we show that solutions of the equation of motion, which comes out from the action (1.1), split into two parts

$$\phi = \bar{\phi} + \delta\phi, \quad (1.3)$$

where  $\delta\phi$  is a rapidly oscillating and small correction, which approaches to zero as  $\omega^{-1}$  in the high frequency limit, while the dynamics of the slowly varying field  $\bar{\phi}$  is described by the classical action, which we establish. Surely due to a manifest frame dependence of the perturbation law (1.2), the effective action generally speaking depends on the choice of the coordinates, which are used to perturb the bare metric tensor  $\bar{g}_{\mu\nu}$ .

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<sup>1</sup>Hereafter the lower index specifies which metric tensor is used in order to construct a given quantity.

<sup>2</sup>This statement refers to quantum field theory on a *classical* gravitational background.

<sup>3</sup>In what follows the word “bare” is addressed to the non perturbed theory i.e. at  $\omega = 0$ .

The most interesting result is related to the situation, when the oscillating metric takes the simple form (1.2) in the comoving frame<sup>4</sup>. In such a case the effective action has exactly the same structure (1.1), where the quantities  $g_{\mu\nu}$  and  $\phi$  are replaced correspondingly by  $\bar{g}_{\mu\nu}$  and  $\bar{\phi}$ ,

$$S_{\bar{g}}^{\text{eff}}[\bar{\phi}] = \int d^4x \sqrt{-\bar{g}} \left\{ \frac{1}{2} \bar{\phi} (-\nabla_{\bar{g}}^2 - \xi R_{\bar{g}} + \mu_{\text{eff}}^2) \bar{\phi} - \frac{1}{4!} \lambda \bar{\phi}^4 \right\}, \quad (1.4)$$

therefore it is generally covariant, and the only effect of the oscillations is an additive renormalization of the mass parameter  $\mu^2$ . A sign of the correction  $\Delta\mu^2 \equiv \mu_{\text{eff}}^2 - \mu^2$  nontrivially depends on a choice of the coupling constant  $\xi$ , and this is probably the most interesting result of the paper.

We find that at  $\xi < 0$  and at  $\xi > 1/6$  the correction  $\Delta\mu^2$  is always negative, and at the high enough frequency  $\omega$  it can easily compensate the bare mass parameter, what quite naturally implies that the effect of the rapid oscillations is similar to an increase in temperature: the effective potential (in contrast to the original one) has just a single minimum at  $\phi = 0$ , and spontaneous symmetry breaking of the bare theory vanishes. All particles which obtain their mass due to the Higgs mechanism become massless.

In the another regime  $0 < \xi < 1/6$  the situation changes qualitatively. The correction  $\Delta\mu^2 \equiv \mu_{\text{eff}}^2 - \mu^2$  becomes negative, and even when the mass parameter is absent in the bare theory<sup>5</sup>, it appears in the effective one. Such an effect can be regarded as some sort of *emergent* spontaneous symmetry breaking. At  $\xi = 1/6$  (naturally) and  $\xi = 0$  (less naturally) the effect is absent.

An influence of time dependent (but not oscillating) gravitational backgrounds on the vacuum state of a scalar field was studied in the context of inflation in [11], and the result crucially depends on the non minimal coupling  $\xi$  as well, in particular at  $\xi = 1/6$  the influence is minimal. Nevertheless, the effects discussed in [11] and here are different, since in contrast to our setup in the framework of [11] at  $\xi = 0$  the vacuum expectation value grows up exponentially with time.

This paper is organized as follows. In Sec. 2 we briefly describe relevant aspects of the dynamics of the Kapitza's pendulum in order to apply the same technique in the forthcoming discussion. In Sec. 3 we derive the effective action (1.1) and establish the renormalized mass parameter  $\mu_{\text{eff}}^2$ . Sec. 4 is devoted to numerical illustrations of the results obtained for the flat bare metric  $\bar{g}_{\mu\nu}$ . Sec. 5 contains the conclusions and outlook.

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<sup>4</sup>Actually the result holds for a bigger class of perturbations, see the discussion in Sec. 3.

<sup>5</sup>or it is negative

## 2 Kapitza's pendulum: a brief technical review

The mathematical pendulum is described by the following equation of motion

$$\ddot{f} + g \sin(f) = \ddot{f} + gf + \mathcal{O}(f^3) = 0, \quad (2.1)$$

where  $f(t)$  is the angular coordinate (we consider the length to be equal to one), and  $g > 0$  is the free-fall acceleration; hereafter the dot stands for differentiation with respect to time. The only stable equilibrium position is located at  $f = 0$ , but the situation changes dramatically, when the pivot vibrates with the high frequency  $\omega$ . In such a case the equation of motion reads

$$\ddot{f} + (g + \alpha\omega^2 \cos(\omega t)) \sin(f) = 0, \quad (2.2)$$

where the constant  $\alpha$  stands for the amplitude of the oscillations of the suspension, and it is supposed to be small<sup>6</sup>. The most amazing fact is the appearance of a new stable equilibrium point in the inverted position i.e. at  $f = \pi$ . More precisely the solution of the equation of motion is given by a sum of the two functions  $\bar{f}(t)$  and  $\delta f(t)$ , where the former satisfies some “effective” equation of motion, which in particular exhibits slow oscillations in the vicinity of  $f = \pi$ , when the frequency  $\omega$  is high enough. The latter is a rapidly oscillating correction of the order<sup>7</sup> of  $\mathcal{O}(\omega^{-1})$ . It is remarkable that one can relatively easily give a precise mathematical description of such a nontrivial and unexpected phenomenon. Below we present a derivation of this well known result in the form which is the most suitable and clear for the forthcoming analysis of the scalar field in a rapidly oscillating gravitational background.

### Step 1. Proper ansatz.

A numerical analysis of the equation (2.2) hints us, that its solution splits into the slowly varying part  $\bar{f}(t)$  and the rapidly oscillating but small correction  $\delta f$ . It is natural to expect that the correction  $\delta f$  oscillates with the same frequency  $\omega$ , therefore let us look for the solution in a form of an asymptotic expansion in inverse powers of  $\omega$

$$f = \bar{f} + \frac{1}{\omega} (A \sin(\omega t) + B \cos(\omega t)) + \mathcal{O}\left(\frac{1}{\omega^2}\right), \quad (2.3)$$

where the (yet undetermined) functions  $A(t)$  and  $B(t)$  vary slowly<sup>8</sup>. Substituting the ansatz (2.3) and  $\alpha = \gamma \cdot \omega^{-1}$  in the equation of motion (2.2) we obtain at the leading order at large  $\omega$ :

$$0 = \mathcal{F}(t) = \omega \left\{ \sin(\bar{f}(t)) \gamma \cos(\omega t) - B(t) \cos(\omega t) - A(t) \sin(\omega t) \right\} + \mathcal{O}(\omega^0), \quad (2.4)$$

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<sup>6</sup>Note that according to the relativity principle one can say, that the (Newtonian) gravitational potential, which enters via  $g$ , oscillates with the large frequency  $\omega$  but the small amplitude, which is proportional to  $\alpha$ .

<sup>7</sup>Actually this asymptotic takes place in the double limit  $\alpha \rightarrow 0$ , and  $\omega \rightarrow \infty$ , while their product  $\alpha \cdot \omega \equiv \gamma$  is a constant.

<sup>8</sup>At this point this is just an assumption to be checked a posteriori, after all the functions are found.

what defines  $A(t) = 0$  and  $B(t) = \gamma \sin(\bar{f})$ . From this moment on the ansatz (2.3) contains just one undetermined function  $\bar{f}$ .

### Step 2. Averaging over rapid oscillations.

Substituting  $A(t) = 0$  and  $B(t) = \gamma \sin(\bar{f})$  in the next to the leading order of our asymptotic expansion (2.4) we immediately arrive to the equation which determines  $\bar{f}(t)$ .

$$0 = \mathcal{F}(t) = \ddot{\bar{f}} + \sin(\bar{f})g - 2 \cos(\bar{f}) \dot{\bar{f}} \gamma \sin(\omega t) + \cos(\bar{f}) \gamma^2 (\cos(\omega t))^2 \sin(\bar{f}) + \mathcal{O}(\omega^{-1}) \quad (2.5)$$

Now let us average the function  $F(t)$  over the period of rapid oscillations  $\frac{2\pi}{\omega}$ :

$$\langle \mathcal{F} \rangle(t) \equiv \frac{\omega}{2\pi} \int_0^{\frac{2\pi}{\omega}} d\tau F(\tau + t). \quad (2.6)$$

Since by our assumption the quantity  $\bar{f}$  and its derivative vary slowly during the period of rapid oscillations, one can easily compute the integral (2.6) in the limit  $\omega \rightarrow \infty$ , and the answer reads:

$$\ddot{\bar{f}} + \sin(\bar{f})g + \frac{1}{2} \cos(\bar{f}) \gamma^2 \sin(\bar{f}) = 0, \quad \gamma \equiv \omega \cdot \alpha \ll \omega. \quad (2.7)$$

The equation (2.7) is autonomous and it does not contain large parameters anymore, therefore  $\bar{f}$  is indeed slowly varying function<sup>9</sup>, what justifies all our assumptions.

Small deviations of  $\bar{f}$  from zero satisfy the standard pendulum equation (2.1) where  $g$  is replaced by  $g_{\text{eff}}$

$$g_{\text{eff}}^{\text{down}} = g + \frac{1}{2} \alpha^2 \omega^2, \quad (2.8)$$

thus in the vicinity of this equilibrium point one has an additive (finite) renormalization of the free fall acceleration constant  $g$ . On the other side, and this is even more interesting, small deviations from  $\bar{f} = \pi$  satisfy linearized version of Eq. (2.1) with

$$g_{\text{eff}}^{\text{up}} = -g + \frac{1}{2} \alpha^2 \omega^2 > 0, \quad \text{at } |\omega \cdot \alpha| > \sqrt{2g}, \quad (2.9)$$

therefore in this regime the pendulum starts to oscillate near its upper position with the slow frequency  $\Omega \equiv \sqrt{-g + \frac{1}{2} \alpha^2 \omega^2} \ll \omega$ . Below we consider the system described by the action (1.1) along similar lines, and we find that it shares some similarities with the Kapitza's pendulum.

## 3 Scalar field in oscillating gravitational background

Now we study the effect of the rapid oscillations defined by (1.2) on the dynamics of the scalar field  $\phi$ , which obeys the classical equation of motion

$$-\frac{1}{\sqrt{-g}} \frac{\delta S_g[\phi]}{\delta \phi} = (\nabla_g^2 + \xi R_g - \mu^2) \phi + \frac{1}{3!} \lambda \phi^3 = 0. \quad (3.1)$$

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<sup>9</sup>Unless one chooses large initial velocity.

The gravitational background is considered to be given, and we assume that the back-reaction of the scalar field on its dynamics is negligibly small. We simplify the forthcoming analysis substituting

$$\phi = e^{-\alpha \cos(\omega t)} \tilde{\phi}. \quad (3.2)$$

On the one hand, due to the local Weyl invariance of the action (1.1) at  $\xi = \frac{1}{6}$  the equation (3.1) rewritten in terms of  $\tilde{\phi}$  has simpler dependence on  $\alpha$  and  $\omega$ . On the other hand, we are interested in the evolution of the slowly varying part of  $\phi$ , which coincides for  $\tilde{\phi}$  and  $\phi$ .

In order to carry out the computations it makes sense to rewrite the equation of motion splitting explicitly rapidly and slowly varying quantities

$$(\bar{g}^{\mu\nu} \partial_{\mu\nu}^2 + Y^\mu \partial_\mu + \xi R_{\bar{g}} - \mu^2) \tilde{\phi} + \frac{1}{3!} \tilde{\phi}^3 + f_\alpha = 0, \quad (3.3)$$

where  $\bar{g}^{\mu\nu}$ ,  $Y^\mu \equiv \frac{1}{\sqrt{-\bar{g}}} (\partial_\nu \bar{g}^{\mu\nu} \sqrt{-\bar{g}})$  and  $R_{\bar{g}}$  vary slowly by construction. The function  $f_\alpha$  absorbs all influence of the rapidly oscillating exponential factor in (1.2), and it is defined by

$$f_\alpha \equiv \left[ (6\xi - 1) (-\omega^2 \alpha \bar{g}^{00} (\cos(\omega t) - \alpha \sin^2(\omega t)) - \omega \alpha Y^0 \sin(\omega t)) + \mu^2 (1 - e^{2\alpha \cos(\omega t)}) \right] \tilde{\phi}. \quad (3.4)$$

Below we study the leading asymptotic at large  $\omega$  and small  $\alpha$  keeping  $\alpha = \gamma/\omega = \mathcal{O}(\omega^{-1})$  by analogy with the Kapitza's pendulum.

### Step 1. Proper ansatz.

Inspired by the example discussed in the previous section we look for the solution in a form of the following asymptotic ansatz:

$$\tilde{\phi} = \bar{\phi} + \frac{1}{\omega} (T \cos(\omega t) + W \sin(\omega t)) + \mathcal{O}\left(\frac{1}{\omega^2}\right), \quad (3.5)$$

where  $T$  and  $W$  are slowly varying functions of all coordinates. We do not write the tilde over  $\bar{\phi}$ , since, as we said above, in the limit of infinitely large  $\omega$  (and infinitely small  $\alpha$ ) the quantities  $\phi$  and  $\tilde{\phi}$  coincide. Substituting the ansatz (3.5) in the equation of motion (3.3) we immediately determine  $T$  and  $W$ :

$$0 = \mathcal{F} \equiv \omega \left( -6\xi \gamma \bar{g}^{00} \cos(\omega t) \bar{\phi} - \bar{g}^{00} T \cos(\omega t) - \bar{g}^{00} W \sin(\omega t) + \gamma \bar{g}^{00} \cos(\omega t) \bar{\phi} \right) + \mathcal{O}(\omega^0), \quad (3.6)$$

what implies

$$T = (1 - 6\xi) \gamma \bar{\phi}, \quad W = 0. \quad (3.7)$$

As in the ‘‘canonical’’ example there is just one undetermined function  $\bar{\phi}$ .

## Step 2. Averaging over rapid oscillations.

Exactly as we did in the previous section, substituting (3.7) in the next to the leading order of our asymptotic expansion (3.6) we derive the equation which determines  $\bar{\phi}$ .

$$0 = \mathcal{F} \equiv (\bar{g}^{\mu\nu} \partial_{\mu\nu}^2 + Y^\mu \partial_\mu + \xi R_{\bar{g}} - \mu^2) \bar{\phi} + \frac{1}{3!} \bar{\phi}^3 + 2(6\xi - 1) \gamma \bar{g}^{\mu 0} (\partial_\mu \bar{\phi}) \sin(\omega t) \\ + (6\xi - 1) \gamma^2 \bar{g}^{00} \Phi (6 (\cos(\omega t))^2 \xi - \cos(2\omega t)) + \mathcal{O}\left(\frac{1}{\omega}\right) \quad (3.8)$$

Averaging over the period of rapid oscillations (c.f. Eq. (2.6)) and passing to the limit of large  $\omega$  we obtain the final effective equation for  $\bar{\phi}$ :

$$0 = \lim_{\omega \rightarrow \infty} \langle \mathcal{F} \rangle = (\nabla_{\bar{g}}^2 + \xi R_{\bar{g}} - \mu^2 + 3 \gamma^2 \bar{g}^{00} \xi (6\xi - 1)) \bar{\phi} + \frac{1}{3!} \lambda \bar{\phi}^3. \quad (3.9)$$

The structure of Eq. (3.9) immediately suggests us, which oscillations of the form (1.2) are the most interesting. Surely we wish to obtain a generally covariant expression by the end of the day, what happens if and only if the simple perturbation equation (1.2) is written in the frame where  $\bar{g}^{00}$  does not depend on coordinates e.g. the comoving frame. We emphasize that we are talking about preferred ways of perturbation of the bare metric  $\bar{g}_{\mu\nu}$  rather than preferred coordinate systems. Starting from now we assume that the perturbations are “good” in the mentioned above sense, and<sup>10</sup> the coordinates in Eq. (1.2) are chosen in such a way that  $\bar{g}^{00} = +1$ , so we arrive to the manifestly generally covariant equation

$$0 = (\nabla_{\bar{g}}^2 + \xi R_{\bar{g}} - \mu_{\text{eff}}^2) \bar{\phi} + \frac{1}{3!} \lambda \bar{\phi}^3 = -\frac{1}{\sqrt{-\bar{g}}} \frac{\delta S_{\bar{g}}^{\text{eff}}[\bar{\phi}]}{\delta \bar{\phi}}, \quad (3.10)$$

which holds for an arbitrary coordinate system<sup>11</sup>, and has exactly the same structure as Eq. (3.1). The effective mass parameter is given by

$$\mu_{\text{eff}}^2 = \mu^2 + 3 \alpha^2 \omega^2 \xi (1 - 6\xi) \ll \omega^2. \quad (3.11)$$

As we announced in the introduction, this quantity can be either positive or negative depending on the ratios between the parameters, what may dramatically affect the spontaneous symmetry breaking. The particular form (3.11) of the additive renormalization of the mass parameter  $\mu^2$  suggests us to consider two different regimes of the non minimal scalar-tensor coupling, defined by the dimensionless coupling constant  $\xi$ .

- At  $\xi < 0$  and  $\xi > 1/6$  the correction to the mass parameter is negative, and at

$$|\omega \cdot \alpha| > \frac{\mu}{\sqrt{3\xi(6\xi - 1)}}, \quad \mu^2 > 0, \quad (3.12)$$

<sup>10</sup>In principle  $\bar{g}^{00}$  must not be necessary positive and it can be either negative or zero (e.g. the light front coordinates). In the former case the effect changes its sign, and in the latter case it is absent.

<sup>11</sup>Surely, for an arbitrary frame one has to rewrite Eq. (1.2), which defines the perturbations, according to the tensor transformation law.

the effective mass parameter becomes negative, what restores a spontaneously broken symmetry of the ground state. This effect is similar to the dynamical stabilization of the upper equilibrium position of the Kapitza's pendulum, c.f. Eq. (2.9).

- At  $0 < \xi < 1/6$  the correction is positive, what is similar to the effective renormalization of the free fall acceleration in the context of the Kapitza's pendulum oscillating near its lower equilibrium, c.f. (2.8). This regime becomes more interesting when the “bare theory” is not spontaneously broken, i.e. at  $\mu^2 = -m^2 < 0$ . In such a situation at

$$|\omega \cdot \alpha| > \frac{m}{\sqrt{3\xi(1-6\xi)}}, \quad m^2 \equiv -\mu^2 > 0, \quad (3.13)$$

the effective mass parameter  $\mu_{\text{eff}}^2$  becomes positive in contrast to the bare one  $\mu^2$ , what implies emergent spontaneous symmetry breaking. One can easily see, that this effect reaches its maximum at  $\xi = 1/12$ .

If for some application one prefers to avoid the mentioned above effects, one has to work with the minimal  $\xi = 0$  or the conformal  $\xi = 1/6$  couplings.

**Remark** We notice that the coordinate  $x_0 \equiv t$  must not be necessary the conformal time, but it can be also the comoving time  $t_c$ . Let us fix the gauge by the following condition

$$\bar{g}_{00} = 1, \quad \bar{g}_{0j} = 0, \quad j = 1, 2, 3, \quad (3.14)$$

so the square of the infinitesimal four interval reads (c.f. Eq. (1.2)):

$$ds^2 = (dt^2 - d\vec{x}^2) e^{2\alpha \cos(\omega t)} = dt_c^2 - (d\vec{x}^2) e^{2\alpha \cos(\omega t_c)}, \quad (3.15)$$

where  $d\vec{x}^2 \equiv \bar{g}_{ij} dx^i dx^j$ ,  $i, j = 1, 2, 3$ . In other words instead of consideration of the fluctuations of the form (1.2) we could have considered

$$g_{00} = \bar{g}_{00}, \quad g_{ij} = \bar{g}_{ij} e^{2\alpha \cos(\omega t)}, \quad i, j = 1, 2, 3 \quad (3.16)$$

from the very beginning<sup>12</sup>, what is more natural for Friedmann-Lemaître-Robertson-Walker metric. All the results viz the final effective equation (3.10), the renormalization of the mass parameter (3.11) and the conditions (3.12), (3.13), which define the phase transitions, remain absolutely the same. Note that in (3.16) we wrote  $t$  instead of  $t_c$ , since up to a correction of the order of  $\mathcal{O}(\omega^{-1})$  these two quantities (but not their derivatives!) coincide:

$$t = \int_0^{t_c} dz e^{-2\alpha \cos(\omega z)} = t_c + \mathcal{O}(\omega^{-1}), \quad \alpha \equiv \frac{\gamma}{\omega} \ll 1. \quad (3.17)$$

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<sup>12</sup>upon the condition (3.14)



So far we discussed the ripples along the time direction  $t \equiv x^0$ . One can easily elaborate the oscillations along some spatial direction e.g.  $z \equiv x^3$  in a similar manner. Replacing  $t$  by  $z$  in the oscillating conformal factor in (1.2) and repeating all the discussion we arrive to (3.9), where  $\bar{g}^{00}$  is replaced by  $\bar{g}^{33}$ . The effective equation becomes generally covariant if and only if the (modified) perturbation law (1.2) is written in the coordinate system, where  $\bar{g}^{33} = \text{const}$ , for example in the Gaussian normal coordinates in respect to the hypersurface of constant  $z$ . It is worth noting that for such a choice of coordinates in the perturbation law the effect of this “spatial” rippling has the *opposite* sign with respect to the time-dependent rippling introduced in the comoving frame, since  $\bar{g}^{33} = -1$  in the Gaussian normal coordinates.

In the next section we illustrate numerically how this mechanism works on a few examples.

## 4 Numerical illustrations

As we have seen in the previous section the behavior of the scalar field in a rapidly oscillating gravitational background crucially depends on two entries: the parameter  $\gamma \equiv \alpha \cdot \omega$ , which comprises the information on the perturbation, and the parameter  $\xi$ , which is responsible for the non minimal tensor-scalar coupling.

Below we solve numerically the exact (3.1) and the effective (3.10) equations of motion for various values of the parameters  $\gamma$  and  $\xi$ . The slowly varying background metric is chosen to be flat  $\bar{g}_{\mu\nu} = \delta_{\mu\nu}$ , and the perturbations are taken of the form (3.16). Since the metric  $g_{\mu\nu}$  depends just on time, for the sake of simplicity we consider the field  $\phi$  to be independent on the spatial coordinates, i.e.  $\phi = \phi(t)$ ; the generalization is trivial. In such a setup the exact and the effective equations correspondingly read:

$$\ddot{\phi} - 3\gamma \sin(\omega t) \dot{\phi} + (-6\xi\omega\gamma \cos(\omega t) + 6\xi\gamma^2 - 6\xi\gamma^2 \cos(2\omega t) - \mu^2)\phi + \frac{1}{3!}\lambda\phi^3 = 0, \quad (4.1)$$

and

$$\ddot{\phi} - \underbrace{(\mu^2 + 3\gamma^2\xi(1 - 6\xi))}_{\mu_{\text{eff}}^2}\phi + \frac{1}{3!}\lambda\phi^3 = 0, \quad (4.2)$$

where  $\gamma \equiv \alpha \cdot \omega$ . For both (4.1) and (4.2) we choose the initial conditions as follows:

$$\phi(0) = 0.2, \quad \dot{\phi}(0) = 0. \quad (4.3)$$

On the figures Fig. 1, Fig. 2, Fig. 3 and Fig. 4 numerical solutions of the exact and the effective equations are undistinguishable in agreement with the fact that the difference between the exact and the effective solutions is of the order of  $\omega^{-1} \sim 10^{-3}$  for our choice of  $\omega$ . Throughout this section<sup>13</sup>  $\gamma_0 \equiv \frac{|\mu|}{\sqrt{|3\xi(6\xi-1)|}}$  stands for the critical value of the parameter  $\gamma$ .

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<sup>13</sup>c.f. Eq. (3.12) and Eq. (3.13)

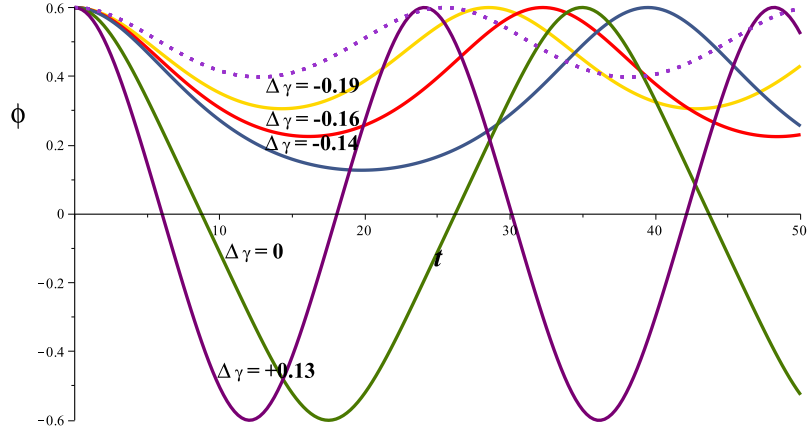


Figure 1: *Emergent symmetry restoration,  $\gamma$  dependence.* The solid lines represent  $\phi(t)$  for various choices of the parameter  $\gamma$  in the vicinity of its critical value  $\gamma_0$ . Above each solid curve the deviation  $\Delta\gamma \equiv \gamma - \gamma_0$  from the critical value is specified. The dotted line represents the solution of the bare equation of motion. The parameters are chosen as follows:  $\xi = -\frac{1}{12}$ ,  $\mu = 0.18$ , hence  $\gamma_0 \simeq 0.294$ ;  $\lambda = 0.75$ ,  $\omega = 2500$ ; for each curve  $\alpha = (\gamma_0 + \Delta\gamma)/\omega$ .

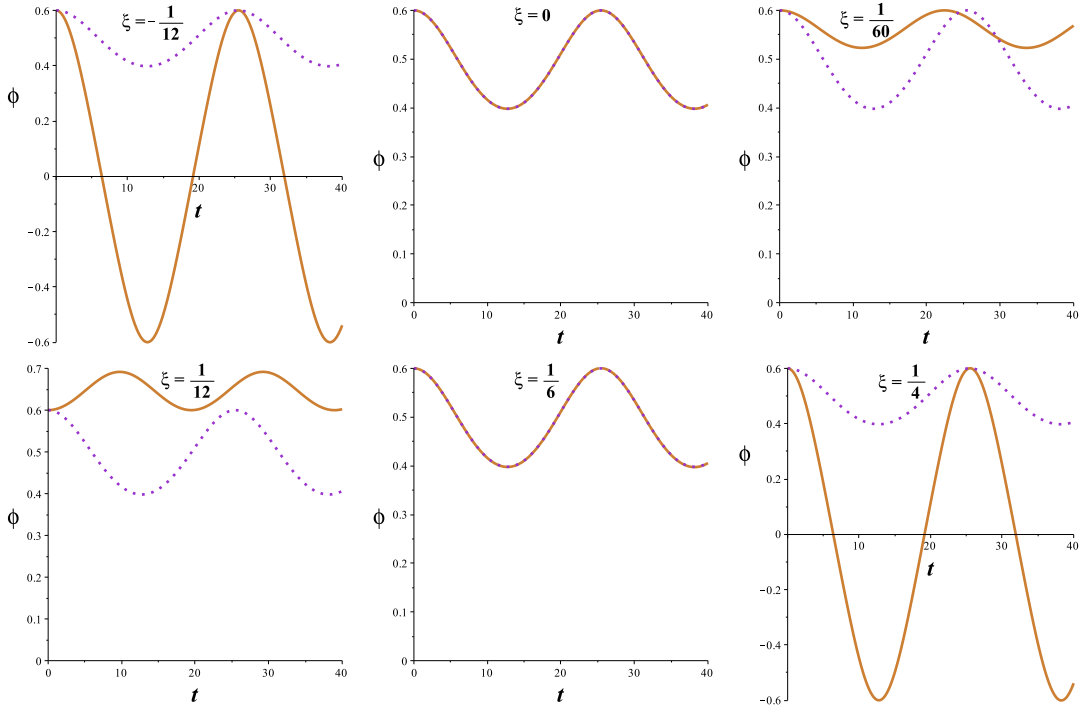


Figure 2: *Emergent symmetry restoration,  $\xi$  dependence.* The dotted and the solid lines represent correspondingly the bare and the perturbed solutions. The parameters are chosen as follows:  $\mu = 0.18$ ,  $\lambda = 0.75$ ,  $\gamma \equiv \omega \cdot \alpha = 0.4$ ,  $\omega = 2500$ .

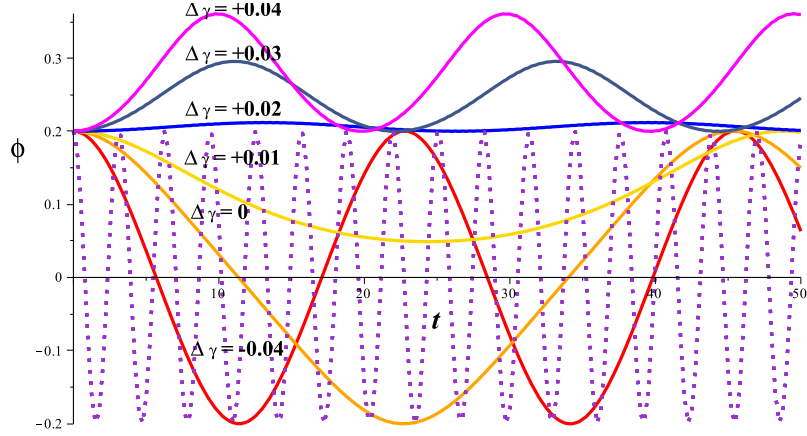


Figure 3: *Emergent spontaneous symmetry breaking,  $\gamma$  dependence.* The solid lines represent  $\phi(t)$  for various choices of the parameter  $\gamma$  in the vicinity of its critical value  $\gamma_0$ . The dotted line represents the solution of the bare equation. Above each solid curve the deviation  $\Delta\gamma \equiv \gamma - \gamma_0$  from the critical value is specified. The parameters are chosen as follows:  $\xi = +\frac{1}{12}$ ,  $\mu = 2i$ , hence  $\gamma_0 \simeq 5.657$ ;  $\lambda = 4$ ,  $\omega = 2500$ ; for each curve  $\alpha = (\gamma_0 + \Delta\gamma)/\omega$ .

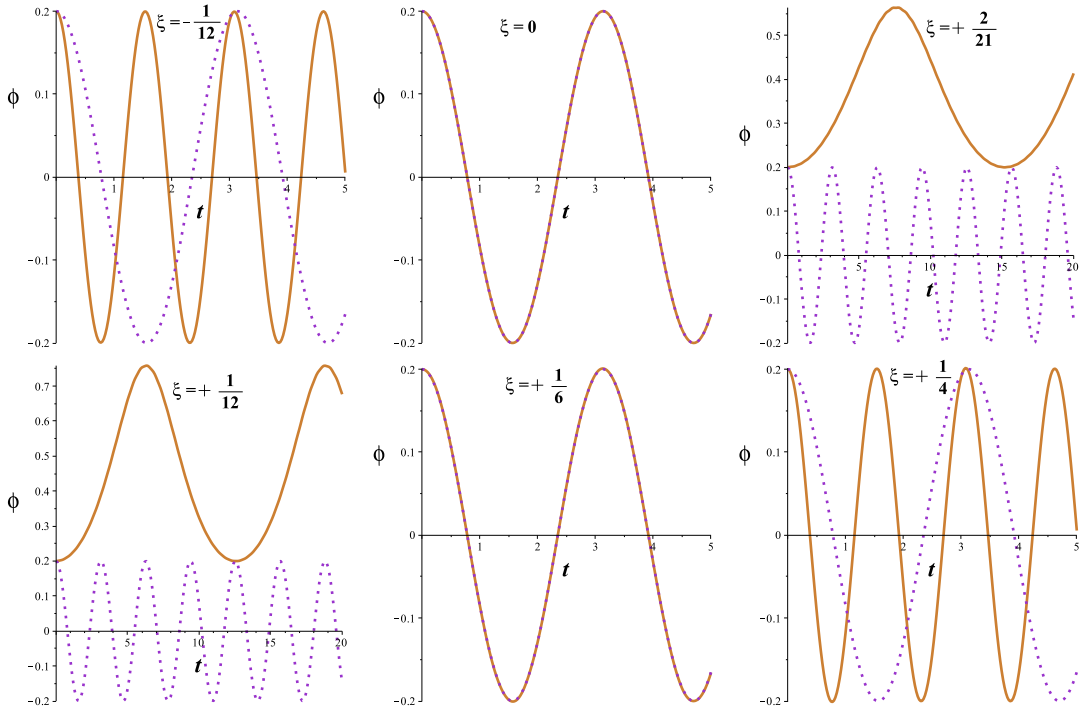


Figure 4: *Emergent spontaneous symmetry breaking,  $\xi$  dependence.* The dotted and the solid lines represent correspondingly the bare and the perturbed solutions. The parameters are chosen as follows:  $\mu = 2i$ ,  $\lambda = 4$ ,  $\gamma \equiv \omega \cdot \alpha = 5.8$ ,  $\omega = 2500$ .

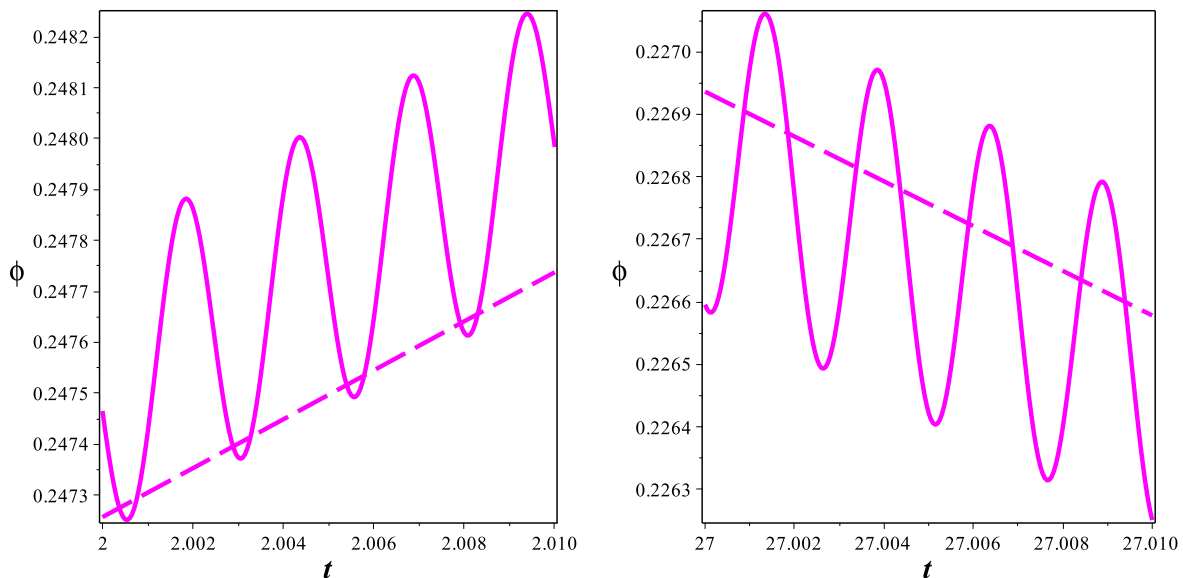


Figure 5: *Exact and approximate solutions: high resolution.* The dash and the solid lines represent solutions of the effective and the exact equations respectively. The parameters are chosen as follows:  $\mu = 2i$ ,  $\lambda = 4$ ,  $\gamma \equiv \omega \cdot \alpha = 5.7569$ ,  $\omega = 2500$ .

Let us consider the system which is spontaneously broken<sup>14</sup> at  $\omega = 0$ . Varying the parameter  $\gamma \equiv \alpha \cdot \omega$  above and below its critical value we solve numerically the equations (4.1), (4.2), (4.3); corresponding solutions are presented on Fig. 1. As one would have expected for small negative deviations  $\Delta\gamma$  of  $\gamma$  from the critical value  $\gamma_0$  the effect of rapid oscillations results in a shift of the frequency of slow oscillations and a shift of the (nonzero) equilibrium point. When  $\Delta\gamma \geq 0$  the solutions with high precision are described by slow oscillations around the symmetric ground state  $\phi = 0$ , so effectively at the scales of length much higher than  $\omega^{-1}$  the system behaves as *non* spontaneously broken.

Corresponding dependence on the non minimal scalar-tensor coupling  $\xi$  is presented on Fig. 2. Inside the interval  $0 < \xi < 1/6$  the only effect is a shift of the frequency of small oscillations around the shifted equilibrium point  $\phi \neq 0$ . At  $\xi = 0$  and  $\xi = 1/6$  the effect is absent: the bare ( $\omega = 0$ ) and the perturbed curves (up to small deviations  $\sim \omega^{-1}$ ) coincide. Finally at  $\xi < 0$  and at  $\xi > 1/6$  for a high enough  $\gamma$  the emergent symmetry restoration takes place.

Now let us elaborate in a similar fashion the spontaneously unbroken<sup>15</sup> system at  $\omega = 0$ . For various choices of the parameter  $\gamma \equiv \alpha \cdot \omega$  above and below its critical value numerical solutions of (4.1), (4.2), (4.3) are presented on Fig.3. Again for small negative deviations  $\Delta\gamma$  of  $\gamma$  from the critical value  $\gamma_0$  the effect of rapid oscillations results in a shift of the frequency of slow oscillations around the equilibrium point  $\phi = 0$ . When  $\Delta\gamma \geq 0$  the solutions with high precision are described by slow oscillations around the ground state at  $\phi \neq 0$ , which corresponds

<sup>14</sup> i.e.  $\mu^2 > 0$

<sup>15</sup>i.e.  $\mu^2 = -m^2 \leq 0$

to spontaneously broken symmetry. Thus we conclude that effectively at the scales of length much higher than  $\omega^{-1}$  the system behaves as spontaneously broken.

On Fig. 4 we illustrate the dependence on the parameter  $\xi$  for this situation. At  $\xi \leq 0$  and  $\xi \geq 1/6$  the only effect is a change of the frequency of slow oscillations around the symmetric ground state  $\phi = 0$ , in particular at  $\xi = 0$  and  $\xi = 1/6$  at the scales much higher than  $\omega^{-1}$  there is no any effect at all. Inside the interval  $0 < \xi < 1/6$  for sufficiently high values of  $\gamma$  one has the phase transition - emergent spontaneous symmetry breaking.

In conclusion we present typical solutions of the exact (4.1) and the effective (4.2) equations accompanied by the initial conditions (4.3) at *small* scales, which are comparable with  $\omega^{-1}$ , see Fig. 5. One can see that the former oscillates with the frequency  $\omega$ , while the difference between the two<sup>16</sup> is indeed of the order of  $\omega^{-1} \sim 10^{-3}$ .

## 5 Conclusions and outlook.

In this paper we studied effects of a rapidly oscillating gravitational background on a dynamics of a scalar field, and we have found that the time dependent perturbations of the scale factor of the form<sup>17</sup> (3.16) lead to simple but *nontrivial* consequences for the dynamics of the scalar field.

At the scales of length much higher than  $\omega^{-1}$  the dynamics is described by the classical action on the bare gravitational background  $\bar{g}_{\mu\nu}$ , and the only effect of the rapid oscillations is the additive renormalization of the mass parameter

$$\mu^2 \longrightarrow \mu_{\text{eff}}^2 \ll \omega^2,$$

where the effective mass parameter  $\mu_{\text{eff}}^2$  does not necessary have the same sign as the bare mass parameter  $\mu^2$ , see (3.11), what in principle may lead to the phase transition, which is defined by relations between the parameters  $\gamma \equiv \alpha \cdot \omega$  and  $\xi$ . While the former tells us whether the phase transition is present or not (c.f. (3.12) and (3.13)), the latter tells us *which* kind of the phase transition one may expect: spontaneous symmetry breaking in a theory with the symmetric ground state or the ground state symmetry restoration in a spontaneously broken theory. A summary of the main results is presented on Fig. 6.

It is remarkable that the effective mass parameter appears even when the bare one is absent i.e. when the action (1.1) is scale invariant. In other words the rippling of the gravitational background  $\bar{g}_{\mu\nu}$  introduces in a scale invariant theory the effective mass scale

$$\mu_{0\text{eff}}^2 = 3\alpha^2\omega^2\xi(1 - 6\xi) \ll \omega^2.$$

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<sup>16</sup>Since deriving the effective equation we passed to the limit  $\omega \rightarrow \infty$ , we neglected by terms of the order of  $\mathcal{O}(\omega^{-1})$ , thus the mean value of the precise solution and the effective solution may slightly differ, however this difference is of the order of  $\mathcal{O}(\omega^{-1})$ .

<sup>17</sup>This result takes place for more general class of perturbations, see the discussion in Sec.3.

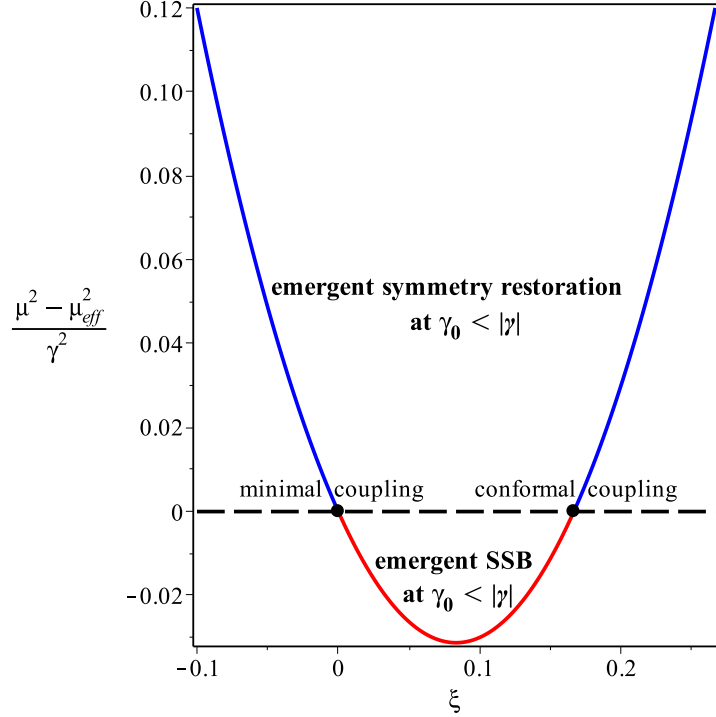


Figure 6: The influence of the rippling gravitational field  $g_{\mu\nu}$  on the grand state of the scalar field  $\phi$ . The parameters are defined as follows:  $\gamma \equiv \alpha \cdot \omega$  and  $\gamma_0 \equiv \frac{|\mu|}{\sqrt{|3\xi(6\xi-1)|}}$ , c.f. Eq. (3.12) and Eq. (3.13).

A low<sup>18</sup> energy observer can see just the bare field  $\bar{\phi}$  which evolves on the bare gravitational background  $\bar{g}_{\mu\nu}$  being described by the scale *non* invariant effective action (1.4). This property may be useful in the context of scale invariant extensions of the Standard Model. So far the radiative corrections were usually used in order to introduce scales in *classically* scale invariant extensions of the Standard Model [12–15]. These approaches rely on the Coleman-Weinberg potential [16] ( see also [17]), which exploits the scale non invariance at quantum level due to the Weyl anomaly. Instead, in our formalism the scale parameter enters in truly scale invariant theory via the background: the action (1.1) at  $\mu = 0$  is invariant upon the following *global* Weyl transformation

$$g_{\mu\nu} \longrightarrow e^{2\Phi} g_{\mu\nu} \quad \phi \longrightarrow e^{-\Phi} \phi, \quad \Phi = \text{const.} \quad (5.1)$$

We obtained the result for the classical theory. In quantum scale invariant theories, when the anomalies upon the transformation (5.1) are absent or cancel each other, our mechanism still may bring emergent effective low energy scales.<sup>19</sup> Therefore our result can be seen as the first

<sup>18</sup>The scale which distinguishes “low” and “high” energy regions is defined by the frequency  $\omega$  of the rapid oscillations of the metric tensor.

<sup>19</sup>Surely in the quantum case one has to deal with an effective quantum potential and the mean fields rather than with classical fields.

step towards the construction of truly<sup>20</sup> scale invariant extensions of the Standard Model.

This is not the only example of appearance of scales in truly scale invariant models: it is well known that each solution of the Einstein equations solves also the Bach equations, which come out from the scale invariant Weyl action. This property allows to think of the Einsteinian gravity without the Einstein-Hilbert action [18]. In such an approach the scales (e.g. the gravitational and the cosmological constants) enter in the theory via proper conditions for the fourth order differential equations of motion.

It is also interesting to study effects of rippling gravitational backgrounds in quantum theories beyond the scope of scale invariant generalizations of the Standard Model. Note that in our classical consideration the rippling gravitational background affects just the mass parameter<sup>21</sup> but not the quartic coupling constant  $\lambda$ , i.e. the only dimensionful parameter in the action (1.1). It is known that the observed Higgs mass at 125 GeV [19, 20] is compatible with the Standard Model if the running quartic coupling constant  $\lambda(s)$  becomes negative at the energy scales  $s \sim 10^{10}$  GeV, thereby creating the vacuum instability problem [21, 22]. Non triviality of the beta function of the quartic coupling of the Standard Model may lead to a bigger influence of rippling gravitational backgrounds on the quadric vertex of the Higgs potential. It would be very interesting to figure out whether (and how) it really affects the vacuum stability, but this is beyond the scope of the present paper.

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<sup>20</sup>i.e. both at classical and quantum levels

<sup>21</sup>at the leading order in  $\omega$  i.e. at low energies

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